



ARCHDIOCESE *of* KINGSTON

September Worship Safe Requirements

TO: Monsignor/Clergy/Parish and Pastoral Staff

FROM: Deacon Nick Whalen
Vice-Chancellor

RE: Protocol Update

DATE: 23 September 2021

Further to the memo of July 13; Re-Opening Ontario Step 3, this communication aims to identify current procedures which must be maintained until further notice to ensure our vigilance in protecting the well-being of our communities.

Parishes are encouraged to continue to exercise care and observe protocols to minimize potential spread of Covid-19 and other viruses as cooler weather approaches.

Please ensure the following requirements:

1. Wear face masks (unless exempted)
2. Use hand sanitizer at the entrance of the church.
3. Social distance (2 metres)
4. Cleaning Protocols
5. Self screening of individuals entering a parish building (See attachment for signage to be posted on exterior doors)
6. Contact tracing is recommended by local health units but is not a requirement.

Provincial requirements for the development of vaccine policy are being reviewed. Direction on this matter requires further clarity from civic authorities. If additional measures are necessary, we will inform you as soon as possible. If you have any questions, please contact: **Deacon Nick Whalen** at ext. 108 or email at nwhalen@romancatholic.kingston.on.ca

Updated August 27, 2021

STOP

Do not enter if you have:

- Fever
- Chills
- Cough (new or worsening)
- Shortness of breath
- Decrease or loss of taste or smell

For children (under 18 years of age):
nausea, vomiting, or diarrhea

For adults (over 18 years of age):
fatigue, lethargy, malaise, or myalgias

Do not enter if you:

- Have had close contact with a confirmed or probable case of COVID-19 in the last 10 days
- Have travelled outside of Canada in the last 14 days AND been advised to quarantine
- Have been told by public health or a health care provider to isolate at home

What to do:

Visit a COVID-19 Assessment Centre.
Visit kflaph.ca or call 613-549-1232 for locations.



COVID-19

Do you have any of the following symptoms?

Answer yes if they are new, worsening, and not related to other known conditions you already have



Cough



Fever or
chills



Olfactory or
taste disorder



Shortness of
breath

Other symptoms of COVID-19 in adults

Fatigue,
lethargy, or
malaise



Myalgias
(muscle aches
and pain)



Other symptoms of COVID-19 in children

Nausea, vomiting
and/or diarrhea



■ In the last 10 days:

- Have you been identified as a "close contact" of someone who currently has COVID-19?
- Have you received a COVID Alert exposure notification on your cell phone?
- Have you tested positive on a rapid antigen test or a home-based self-testing kit?

■ In the last 14 days, have you or anyone you live with travelled outside of Canada AND been advised to quarantine AND/OR not to attend work or school as per the federal guidelines?

■ Has a doctor, health care provider, or public health unit told you that you should currently be isolating (staying at home)?

■ Is anyone you live with currently experiencing any new COVID-19 symptoms and/or waiting for test results after experiencing symptoms?

If you answered **YES** to any of the questions, **immediately complete the online screening tool to determine next steps.**

<https://covid-19.ontario.ca/self-assessment/>



For more information, call 1-800-660-5853
or visit www.healthunit.org

Attention Visitors

If you have any of the following symptoms of **COVID-19**:

- Fever (temperature of 37.8°C/100.0°F or greater) and/or chills
- Cough (new or worsening)
- Shortness of breath
- Decrease or loss of taste or smell
- For children (<18 years old): nausea, vomiting and/or diarrhea
- For adults (>18 years old): fatigue, lethargy, malaise and/or myalgias

OR you have been exposed to someone with COVID-19 or someone who has any of the above symptoms, **please delay your visit AND contact either your health care provider, Telehealth Ontario (1-866-797-0000), or visit an Assessment Centre for testing.**

Updated August 30, 2021

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What to do:

Visit a COVID-19 Assessment Centre.
Visit hpePublicHealth.ca or call 613-966-5500 for locations.

hpePublicHealth.ca