

READING RESOURCES ON MARRIAGE AND FAMILY

A Journey in Faith with Families Today

The Assembly of Bishops of Quebec

PUBLISHER: Novalis

"As bishops, as pastors, we sincerely want to walk with you. We are interested in family experiences, whatever they may be. We can grow together in love, and, with the Lord, we can continue our life's journey with courage and hope." **BOOK#: 28.ASSE**

With This Ring

AUTHOR: Renee Bartkowski

With this Ring helps newly married couples build a solid foundation for their life together and avoid the "traps" that can undermine their marriage. With candor and creativity, author Renee Bartkowski pinpoints over twenty crucial areas of adjustment. The author actively involves the couple in finding the solution that works best for them. Included are exercises that help the couple respond lovingly and constructively to the complex issues of the early years of marriage. **BOOK#: 28.BART**

Prayers for Married Couples

Renee Bartkowski

PUBLISHER: Liguori Publications, 1989

Discover the joys of praying together! Couples marry intending to share everything. But what about prayer? Do you share your conversations with God? This book will help you do just that. It contains over seventy-five prayers that express the hopes, concerns and the dreams of today's married couple. With this book as your guide, the two of you can share, aloud, prayers reflecting a rainbow of circumstances. **BOOK#: 39.BART (Prayer)**

Our Family Prayer Book

AUTHOR: Renee Bartkowski

Prayers for: Home and Family; Living With Ourselves; Our Relationship with God; Facing Life; Our Relationship with One Another; Daily Responsibilities; Learning How to Live; Living with our Feelings; Coping with our Faults; Living with Others; Today's Problems and Standards; Our Goals and Achievements; Prayers for Special Needs; Special Times. **BOOK#: 39.BART (Prayer)**

Life Choices for a Lasting Marriage

AUTHOR: David Boehl

Discover how you and your spouse can renew your marriage daily through the choices you make. Learn how the choices you make shape your life - and your marriage. **BOOK#: 28.BOEH**

IN THE BEGINNING, A Handbook for Parents

Sr. M. St. Boniface, C.S.J.

PUBLISHER: Paulist Press, 1969

This is a handbook for parents of pre-school children who wonder how to introduce their little ones to the concept of God and their baptismal heritage as children of God. **BOOK#: 28.BONI**

Religion for Little Children

Christianne Brusselmans

Our Sunday Visitor, 1975

In this book, the author develops her dominant theme: the home is the "most important classroom for religious education." An extensive and practical question-and-answer section is included to provide parents with specific information on how to respond to the religiously related questions little children ask. **28.BRUS**

What Does it Mean to be a Family

CCCB

PUBLISHER: Publications Service, 1983

To those who have risked having a family or who are willing to take that risk. To those who succeed, and those who fail. To those who don't know. To those who have some convictions but go on searching through the unceasing whys and wherefores of life. To those who want to take part in an experience of

sharing ideas and questions. This collection of thought starters is offered to help you grow as a member of your own family. Hopefully this book will lead you to look further, meet with others and search for ways to help your family find their goals. **BOOK#: 28.CCCB**

Sharing the Faith With Your Child

P. Chandler

PUBLISHER: Liguori Publications, 1984

Married, single, or divorced, parents can use help in all of these areas - and this handbook provides just the kind of advice parents seek. Sharing their faith, experience and professional expertise, the authors of this handbook offer young parents a joyful vision of human, Christian, Catholic parenting. With practical wisdom they tell how parents can make their daily lives and relationships a realization of this basic perspective. **BOOK#: 28.CHAN**

Playing, Learning, Praying

Kathleen O'Connell Chesto

PUBLISHER: Liguori Publications, 2000

If you're looking to strengthen your parish community - to encourage families to work and play together while sharing and living out their faith - this book offers thought-provoking suggestions for jump-starting the process. **BOOK#: 28.CHES**

Raising Kids Who Care

Kathleen Chesto

PUBLISHER: Sheed & Ward, 1996

Kathleen Chesto addresses the common behavioural problems parents face in moulding character in children. She demonstrates with examples from experience how to lead a child through sibling rivalry, how to deal with lying, what to do about crises of divorce, sex and latchkey situations. **BOOK#: 28.CHESTO**

Family Prayer for Family Times

Kathleen Chesto

PUBLISHER: Twenty-Third Publications, 1995

In a perfect blend of traditional and the contemporary, Kathleen Chesto shows Catholic families how to begin prayer habits that can enrich their lives and yet be passed on for generations. Chesto believes in celebrating the spiritual aspects of everyday events. She also offers prayers for celebrating the great feasts of the church year. Woven throughout are familiar prayers like the rosary, the stations, the Angelus and novenas - prayers that parents remember from childhood and want to share now with their families. **BOOK#: 39.CHES (Prayer)**

Becoming Family

AUTHOR: Christian Family Movement, 1986

How do we "become family?" How do we create a loving, caring bond between all of the persons whom God has chosen for us? How do we create an environment where each family member can become a strong, Christ-centred person? How do we grow and build up at a time when much of society is tearing apart and breaking down? . This program attempts to define the qualities of happy families and helps bring these qualities to your own homes. **BOOK#: 28.CHRI**

Parenting Through Crisis

Barbara Coloroso

PUBLISHER: Harper Collins, 2000

In this companion to her bestselling *kids are worth it!*, parenting educator Barbara Coloroso shows how parents can help children find a way through grief and sorrow during the difficult times of death, illness, divorce and other upheavals. She offers concrete, compassionate ideas for supporting children as they navigate the emotional ups and downs that accompany loss, assisting them in developing their own constructive ways of responding to what life hands them. **BOOK#: 23.COLO (Grief)**

Parenting with Wit and Wisdom in times of Chaos and Loss

Barbara Coloroso

PUBLISHER: Penguin Books Canada Ltd., 1999

When our lives are thrown into chaos and confusion by illness, divorce, death or other loss, we need to rely on the T.A.O. of Family: time, affection and optimism. If we spend time with our children, attending to their needs but also showing them affection, compassion and kindness, and sharing with them a sense of optimism, we affirm that both grief and joy are vital and inevitable parts of life. **BOOK#: 28.COLO**

The Blessing Candles

AUTHOR: Gaynell Cronin

People all over the world celebrate rituals to mark solstices and equinoxes, births, personal and religious milestones, marriages, anniversaries and death. Rituals allow us to remember our past, hope for the future, live in the now and mark important events, no matter how painful, as celebrations of human becoming and faith. Each prayer celebration includes a gathering prayer, the lighting of two candles, a reading and a prayerful response to it, reflection questions and a sending prayer. **BOOK#: 39.CRON (Prayer)**

A Book of Prayer

AUTHOR: Sr. Bernice Cullen, C.S.M.

Every Christian home is richer and happier because of family prayer. These prayers are guides to help people get started to pray together, to express freely the praise and thanks we owe to God. These prayers can easily be shared by Christian couples of different denominations. **BOOK#: 39.CULL (Prayer)**

Family Prayer

AUTHOR: Dolores Curran

Ms. Curran offers her experience and insight on prayer. She tells how she and her husband have led their children from the simple first verses of childhood to the liturgical prayers of Christian adulthood.

BOOK#: 39.CURR (Prayer)

Tired of arguing with your Kids?

Dolores Curran

PUBLISHER: Sorin Books, 1999

Arguing with your kids can be draining, unproductive and downright tiring. There's got to be a better way. But knowing on the spot how to respond to an argumentative child isn't all that easy. Help is here. For many years now parents have been sharing with Dolores Curran responses that worked when their kids started arguing. Now she shares them with you. Arguing with kids may be inevitable but it doesn't have to be exhausting. **BOOK#: 28.CURR**

In the Beginning There Were the Parents

Dolores Curran

Winston Press, 1978

A family book for Christian parents and catechists written by a Christian parent-catechist. Dolores Curran knows the family and the Church. Here Dolores Curran explores with wit and wisdom those issues which concern most Christian parents: monitoring TV, acting as sex educators, celebrating and praying together. She challenges parents to reclaim their place as the primary religious educators of their children. **28.CURR**

Fun? But We're Married

Lois and Joel Davitz

PUBLISHER: Sorin Books, 1999

Marriages that last may be back in style, but no one thinks that they come easily. Only folks who take marriage seriously would suggest that the real key to a lasting marriage is having fun together. They also insist that more communication is not always better, that you can be too sensitive, that your marriage can survive a few good fights (if you know the rules) and that getting out of sync is not necessarily fatal.

BOOK#: 28.DAVI

Enriching Faith Through Family Celebrations

DeGidio, S.

PUBLISHER: Twenty Third Publications, 1989

You'll find enlivening, encouraging and enjoyable ways to turn simple family gatherings into occasions for deepening faith. Traditional holidays are given a fresh perspective with new and updated ways to celebrate them. Interesting explanations of various customs and symbols add depth to our need to commemorate important - and seemingly unimportant - feasts, holidays and events within our households. And when you want to create and build your own special celebrations, this book will help you to do so. **BOOK#: 28.DEGI**

STEP: Parenting Young Children

PUBLISH: American Guidance Service, Inc., 1989

D. Dinkmeyer, Sr., G.D. McKay, J.S. Dinkmeyer

This book discusses temperament, stages of development, parents' expectations - what misbehaviour is (and what it is not), how to redirect problem behaviour - building self-esteem through encouragement - communicating with young children - sowing the seeds of cooperation, working to solve problems - why reward and punishment are ineffective discipline, and what works instead - dealing with feelings, fears, tantrums, crying, jealousy, and social development. **BOOK#: 28.DINK**

Take Back Your Kids

William Doherty

PUBLISHER: Sorin Books, 2000

Dr. Doherty shows you how to *Take Back Your Kids* in a timely, confidence building book that backs up fresh insights with personal experience and advice you can rely on. Protect your children from the me-first, consumer culture by giving them the love and limits they need. His stories are fresh and apt. His writing is clear and entertaining. His work helps harried and confused parents raise well-adjusted, productive kids. **BOOK#: 28.DOHE**

A Single Mother's Prayerbook

G. Farry

PUBLISHER: Twenty-Third Publications, 1999

Bringing up kids is a difficult and important task. For single parents it can be a monumental and overwhelming experience. In this volume, Ginger Farry suggests that single mothers pray their way through the parenting experience. Here are the prayers of a real mom who called upon God in child-rearing situations and in times of loneliness and frustration. She found, without a doubt, that God was there. **BOOK#: 28S.FARR (Prayer)**

Promises to Keep (Developing the Skills of Marriage) AUTHOR: Kathleen Fischer and Thomas Hart

Is your marriage struggling or peaceful, healthy or unhealthy, fulfilling or lacking in life? The aim of this book is to help couples cultivate the attitudes and skills needed for a happy marriage. It is written for a broad married audience, beginners, middle-agers and seasoned veterans. **BOOK#: 28.FISC**

Courage to Love (When Your Marriage Hurts)

AUTHOR: Gerald Foley

Building on the experience of *Retrouvaille*, this book focuses on relationship building. It invites couples to reconciliation, to rebuilding trust, to learning the skills necessary for healthy communication, and to growing spiritually through the lived reality of married life covering such crucial topics as self-awareness, conflict resolution, forgiveness, the stages of a relationship, and intimacy. Each chapter concludes with reflection and sharing questions that encourage dialogue and discussion between spouses. **BOOK#: 28.FOLE**

Creative Grandparenting Across the Miles

Patricia L. Fry

PUBLISHER: Liguori, 1997

Here are dozens of ideas, tips, and suggestions - traditional and unconventional - to help long-distance

grandparents develop a lasting bond with their grandchildren. **BOOK#: 28.FRY**

Speaking to the Heart: A Father's Guide to Growth in Virtue

Stephen Gabriel

PUBLISHER: Our Sunday Visitor, 1995

Written by a dad for dads, this book looks at the twenty critical character traits that are necessary for all fathers and husbands. These traits include faith, justice, fortitude, humility and generosity. With insight, humour, and deep faith, Stephen Gabriel focuses on the greatest gifts a dad can give his family.

BOOK#: 28.GABR

Love is a Couple

C. Gallagher

PUBLISHER: Image Books, 1976

In his characteristically popular approach, Fr. Gallagher offers compelling insights on achieving an open, creative and fulfilling love relationship. This book focuses on the everyday happenings - problems and joys - in the lives of married couples. **BOOK#: 28.GALL**

Our Children and Ourselves: from Infancy to Adolescence

E. De Greeff

PUBLISHER: Alba House

Dr. de Greeff unravels some of the mysteries and reveals some of the beauty of human personality through childhood and adolescence. Those who are professionally interested in children, to whom the mystery of a child's mind is alternately fascinating and bewildering, will gain much from reading this work. **BOOK#: 28.GREE**

The Faith of Parents

M. Harris

PUBLISHER: Paulist Press, 1991

This book gently reassures and inspires parents to continue their own faith journey by looking at the presence of God in their own lives and responding to this presence. In part one parents are helped to remember their experience of church, religious education, God and childhood in general. In part two they are helped to journey through the different roles - parent, model, women and men, and the adult. In part three the parents are helped to identify important resources - art and sport, story, spirituality and community. **BOOK#: 28.HARR**

Marriage: An Interfaith Guide for All Couples

Edited by Rev. Raban Hathorn

This book brings together in a single place the traditions, insights, values and goals for marriage of the Catholic, Protestant and Jewish faiths. **28P.HATH**

Reach Out: Parish to Family

Fran Hauck

Ways to bring families with young children into parish life, and to strengthen families already present and active. **28.HAUC**

Happily Ever After/Why Men and Women Think Differently

D. Helmering

PUBLISHER: Warner Books, Inc., 1987

Your marriage can be better - today, tomorrow, and forever! Marriage counsellor Doris Helmering shows you how - step by step - with the same practical, proven techniques she uses in her successful practice. In this book, you'll see how one person can transform a marriage into a partnership that's more supportive, fulfilling, and fun. **BOOK#: 28.HELM**

Home Is Where God's Heart Is

K. Hendricks

PUBLISHER: Resources for Christian Living, 1997

God's love lives and grows within the family. This is a parish-based program that gathers families together in order to help them recognize the reality of this love within the ordinary events of their lives. **28.HEND**

Better Communication in Marriage / Intimacy in Marriage / Challenges in Marriage

Brennan & Marie HILL

PUBLISHER: Twenty Third Publications, 1997

These booklets were written for the sole purpose of strengthening marriages. They offer a time for married couples to share their insights and experiences on how to keep married life fulfilling and happy. Working with these booklets should be enjoyable, even fun. **BOOK#: 28.HILL**

The Seasons in a Couple's Life

AUTHOR: Genevieve Hone/Julien Mercure

PUBLISHER: Novalis, 1996

The authors have developed a very practical and exciting model of individual and couple development based on Brian Hall's Development of Consciousness Theory and Eric Berne's Life Script Theory. They weave these two theories masterfully into the intricacies of effective communication and the significance of values in relationships. Their main contribution, however, lies in the clarification of the stages of development through which individuals must go and through which relationships mature. **BOOK#: 28.HONE**

Celebrating: Family Prayer Services

AUTHOR: Mary Hopkins, O.P.

Celebration offers the structure to foster family prayer. For families already celebrating in the home, this book is an added incentive to meaningful expression of love for God. For those just beginning to worship God together in the home, the book can be a starter. **BOOK#: 39.HOPK (Prayer)**

Original Unity of Man and Woman

John Paul II

A catechesis on the Book of Genesis. **28.JOHN**

From the Heart of a Father

William Johnson

PUBLISHER: Suncreek Books, 2003

Personal 'letters of love' written to his three young sons are 'wrapped' around fictional inspirational stories and motivational quotes. Wm. Johnson's hope is that anyone who reads this book will be re-energized and walk away with an uplifting perspective on life. **BOOK#: 28.JOHN**

The Way of the Cross for Parents

Susan Jones

PUBLISHER: Twenty Third Publications, 1997

Parenting is perhaps one of the most difficult tasks we will ever know. Every day brings new experiences, new joys and fears, new reasons for all of us to share with each other, work together, pray together, and be affirmed by each other. This Way of the Cross is written especially for parents. By using this form of prayer, join the suffering, trials, burdens and joys of family life with the passion, death, and resurrection of Jesus. **BOOK#: 39.JONES (Prayer)**

Christian Marriage

George Joyce

An Historical & Doctrinal Study. **28.JOYC**

Marriage & the Spirituality of Intimacy

AUTHOR: Leif Kehrwald

The essence of spirituality is presence, recognizing and responding to the real but unseen presence of God. Marriage can be deeply spiritual simply because its ingredients - intimacy, conflict, personality, friendship, play, work, health, love, nurturing, sex, faith and so on - go to the core of one's being. The entire book is illuminated by the experience of married couples who are also consciously on a spiritual

journey, seeking to connect the daily reality of marriage with God's gracious presence. **BOOK#:**
28.KEHR

Power & Presence

Don Kimball

A theology of relationships for survival in the front lines of today's Church. **28.KIMB**

Will Religion Make Sense to Your Child?

E. Larson

PUBLISHER: Liguorian Books, 1970

This book has two closely related purposes. 1) to present to adults (parents) some of the NEW emphases in religious thinking; 2) to help them, after thinking the material through, "break it down" and present it to their children. **BOOK#: 28.LARS**

God Knows Marriage Isn't Always Easy

Maureen Rogers Law & Lanny Law

PUBLISHER: Sorin Books, 2002

Straight from the minds of two very experienced therapists, this warm, wise, hopeful book advocates 12 effective ways to enhance the marriage relationship, heal the scars, and re-ignite the flame. **BOOK#:**
28.LAW

A Prayer Book for Catholic Families

PUBLISHER: Loyola Press, 1998

This is a practical collection of contemporary and ancient prayers for holidays and for ordinary days - prayers of blessing and contrition, sorrow and rejoicing, petition and thanksgiving. These prayers are the heritage of every Catholic. **BOOK#: 39.LOYA (Prayer)**

Called to Marriage

Carol Luebering

The author shows us how union with a spouse helps us fulfill spiritual longings as well, and, indeed, may bring us to communion with God. This book is designed to help the reader reflect, alone or with a spouse, on "what God has already written across the mad of your own married life." **28.LUEB**

Growing in the Dark

Nancy Marrocco

PUBLISHER: Saint Mary's Press, 1998

With sensitivity and hope, *Growing in the Dark* shows how you can cultivate your child's faith even as you struggle with your own. As you see God being revealed in your child, you will find your own faith growing too. Led by the Spirit, you and your child can learn to move through darkness radiant with God's light. **BOOK#: 28.MARR**

The New Wine: Christian Witness of the Family

AUTHOR: Carlo M. Martini

Speaks to families, encouraging them to be the foundation of society, a school of authentic humanity, and witnesses to belief in and love for Christ. Here families can find the description of a journey that will lead them to truly be what they are: a centre of progress for society and for the kingdom of God.

BOOK#: 28.MART

Love and Creation/Parent Participant Book McBride, B. 28.MCBR

Tips for Raising Teens

Robert J. McCarty

PUBLISHER: Paulist Press, 1998

In five short chapters, the book touches on the essential points parents need to know about the situation of young people today, their developmental tasks, building their self-esteem and other practical issues in parenting. In addition, this is one of the few books in the field that tells parents how they can foster the religious faith of their sons and daughters. **BOOK#: 28.MCCA**

A Treasure Chest of Traditions for Catholic Families

AUTHOR: Monica McConkey

This book offers ideas for activities, crafts and recipes to help families celebrate the various Seasons and Feast Days of the Liturgical Calendar. With fun-filled activities, we can build out own family traditions while passing on the richness of our Catholic Faith. **BOOK#: 28.MCCO**

Raising Faith-Filled Kids

Tom McGrath

PUBLISHER: Loyola Press, 2000

The author shows how the hectic and ordinary moments of family life offer endless opportunity to live more deeply. This book is full of stories and ideas for parents who care about their children’s souls.

BOOK#: 28.MCGR

Mothering: Becoming the Heart of the Home

Rosalie McPhee

PUBLISHER: Madonna House

Love...love...love... never counting the cost. A clarion call to mothers who are hungering for the truth that is their soul’s sustenance, and searching for clarity in the lived-out reality of their vocation to motherhood. You will also find the wisdom of Pope John Paul II, Catherine Doherty and many popular saints throughout. **BOOK#: 28.MCPH**

Marriage: A Fountain of Grace

Rosalie McPhee

PUBLISHER: Madonna House

Love...love...love... never counting the cost. *Marriage* offers fresh insight and new hope for couples seeking to strengthen and deepen their marriages. Rosalie McPhee explores Scripture, the teachings of the Church, and the writings of Catherine Doherty, and offers her own candid experiences of the joys and struggles of Christian marriage. **BOOK#: 28.MCPH**

Prayers, Activities, Celebrations for Catholic Families

B. Meehan

PUBLISHER: Twenty-Third Publications, 1995

Here is a book that will challenge families to find God right where they are - in the events and relationships of everyday life. It offers tested, workable strategies for better family communication and sharing. The practical, easy-to-use activities and exercises enhance family prayer, clarify family values, foster harmony, and help families experience God's presence in their daily routines. Chapter topics include communication, family strengths, prayer, discovering God, social concerns, healing and forgiveness. **BOOK#: 39.MEEH (Prayer)**

Twelve Smooth Stones Meyer, C.

28.MEYER

Marriage: Theology & Reality

Cathy Molloy

The author looks at contemporary marriage in relation to traditional theology and, more particularly, recent developments in that theology, the question arises as to whether the two are in touch with one another at all, and, if they are, to what extent? **28.MOLL**

The ABC's of Family Communication

Jean Monbourquette

PUBLISHER: Novalis, 1994

This book offers parents sound principles and practical advice in living and communicating as a family. It foregoes long discussions in pedagogy, and instead suggests simple and practical things to do in relating to children and adolescents. This small book brings to parents, who are sometimes overwhelmed by their work and by the task of raising children, the practical wisdom and encouragement to live out their role as parents with joy. **BOOK#: 28.MONB**

Preaching With Families in Focus, Year B

NACFLM

Scripture reflections for Sundays in Year B. A publication designed to assist in preparing a homily or in helping others "break open the Word" with an eye to everyday family life. **BOOK#: 28.NACFLM**

Catholic Household Blessings & Prayers**AUTHOR:** NCCB

This book has been assembled to help Catholics remember or learn anew. It is a way of reminding and a way of learning what belongs to us. Prayers, rites, blessings. **BOOK#: 39.NCCB (Prayer)**

Aging: The Fulfillment of Life**AUTHOR:** Henri Nouwen and Walter Gaffney

Enhanced by some eighty-five photographs depicting various scenes from life and nature, this book shows how to make the later years a source of hope rather than a time of loneliness - a way out of darkness into the light. A warm, beautiful and caring book. **BOOK#: 28.NOUW**

Daily Prayers for Busy People

William J. O'Malley

PUBLISHER: Saint Mary's Press, 1990

The busier we are, the more we need to withdraw awhile to remind ourselves of what is important, to keep our heads straight and pointing in the right direction... The goal of these prayers is connecting with and resting in God, not trying to learn anything or to make 'progress in the spiritual life.' **BOOK#: 39.OMAL (Prayer)**

Saving Your Marriage Before It Starts (and after you marry)

Dr. Les Parrott III & Dr. Leslie Parrott

Are you tired of marriage books that sound like they were written thirty years ago? Do you want real, honest advice from a couple who knows the hopes and struggles of today's couples? Do you want to build a marriage that will last a lifetime? You can learn how to uncover and deal with problems before they emerge. You'll discover how to communicate, not just talk and you'll learn the importance of becoming "soul mates" - a couple committed to growing together spiritually. **BOOK#: 28P.PARR**

The Secret of Staying in Love**AUTHOR:** Powell, J.**PUBLISHER:** Argus Communications 1974

The secret of staying in love is communication. A growing relationship requires commitment to that open and genuine expression which can occur only in a climate of love. And, more than simply a feeling, love is a decision-commitment, made forever and unconditionally. **BOOK#: 28.POWE**

9 Ways to Nurture Your Marriage

Wm. Rabior and Susan Rabior

PUBLISHER: Liguori, 2000

Authors share their experiences and those of other couples who have found the keys to fulfilling marriages. They offer 9 strategies for building a happy marriage. **BOOK#: 28.RABI**

Velvet & Steel: A Guide for Christian Fathers and Grandfathers

J. Ream

PUBLISHER: Resource Publications Inc. 1997

Ream explains what it means to be a man in this day and age - and how men can strengthen their families by compassion (velvet) with moral backbone (steel). He tells men how to get back in the game, how to assess their current family situation, how to begin a prayer partnership with their wives, and how to step through the land mines of fatherhood. **BOOK#: 28.REAM**

How to survive being married to a CATHOLIC**PUBLISHER:** Liguori Publications, 1986

If you are not a Catholic but your partner IS, this book is for you... Why do Catholics go to Mass on Sundays? What do they really think about sex and marriage? Are they forbidden to plan their families?

Do their partners have to make promises about the way their children should be brought up? This book gives clear and honest answers to these and many other questions. In thirteen down-to-earth chapters it tells you what Catholics believe and what difference it makes to their lives. Get the low-down on Catholics. Read this book. **BOOK#: 28.REDE**

Family Ties that Bind

Dr. Ronald W. Richardson

PUBLISHER: Self-Counsel Press Ltd.

Birth order, our parents' relationship, and the "rules" we were brought up with can affect our self-esteem and relationships with spouses, children, and other family members. This easy-to-read, practical book explains how families function and what you can do to change the way you act in your family and with other people. Exercises show how to apply the principles to your own situation and develop a more positive approach to all aspects of your life. **BOOK#: 28.RICH**

Family Rituals and Celebrations

John Roberto

PUBLISHER: Don Bosco Multimedia, 1992

Through the rituals of family life, the rituals of Catholic tradition, and the rituals of ethnic traditions, faith is nourished and celebrated in our families. This book provides over 100 ideas and rituals that you can use at home. This book is designed to help you enrich your family's faith life and sense of togetherness in simple practical ways, giving sound, easy to follow direction. **BOOK#: 28.ROBE**

Soul-Healing Love

B. & T. Rodgers

PUBLISHER: Resource Publications Inc.

The authors aim to help couples overcome the "woundedness in their souls" and achieve the "soul-healing intimacy and oneness" that comes from a deep relationship with God. The ten techniques and exercises found in this book foster communication, promote empathy and encourage healing and forgiveness. **BOOK#: 28.RODG**

Living Together Loving Together

Philip St. Romain & Lisa Bellecci-St. Romain

PUBLISHER: Liguori, 1995

Here are three major insights for turning marriage into a lifelong positive adventure: Faith..., Commitment..., Communication Skills.... **BOOK#: 28.ROMA**

Blessings for God's People: A Book of Blessings for All Occasions

AUTHOR: Rev. Thomas G. Simons

Blessings enrich our lives because they help us experience God in the ordinary moments of life.

Blessings is a rich and flexible treasury of blessings to be used in the home, the parish or the classroom.

BOOK#: 39.SIMO (Prayer)

Hidden Keys to a Loving Lasting Marriage

Gary Smalley

PUBLISHER: Zondervan Publishing House

This book is a combination of Smalley's earlier published works, *If Only He Knew* and *For Better or For Best*. The first half of the book discusses the husband's part of building a successful relationship. The second half of the book shows how wives can nurture their marriages. Good marriages don't just happen. They take both husband and wife working together to understand, appreciate, and honour one another. This book shows couples how to do just that. **BOOK#: 28.SMAL**

The Key to Your Child's Heart

Gary Smalley

PUBLISHER: Word Publishing, 1992

You Want a warm, harmonious home life. You want your kids to grow up confident and responsible - and you want to stay close to them. Gary Smalley shows you how through simple principles and

workable ideas, including: six characteristics of a close family/five steps to opening up a child who has shut you out/four common parenting styles/five childhood personalities/one practical, family-tested approach to setting limits and enforcing them/ten keys to effective but tender discipline/seven ways to express loving support/twenty-two proven ways to motivate a child. **BOOK#: 28.SMAL**

Love is a Decision

Gary Smalley/John Trent

PUBLISHER: Word Publishing, 1989

If your marriage relationship doesn't have a destination, how will you know when you arrive? And why wait for love to materialize out of stardust, when you could choose excitement and romance - now? In this practical book, Gary Smalley reveals a simple yet profound plan for a marriage of depth and warmth and excitement. **BOOK#: 28.SMAL**

The Hidden Value of A Man

Gary Smalley/John Trent

PUBLISHER: Focus on the Family Publishing, 1994

If you're a man, you need to read this book. Often men are ridiculed for being men. The media portray them as sitcom buffoons, heartless, money-hungry corporate raiders, and angry criminals. Many feel powerless and frustrated, unsure of their role in the family and beyond.

If you're a women, you need to read this book, too. The truth is that a man has great value and incredible impact on his family - and his world. Gary Smalley and John Trent explore that influence and show men how to use their God-given power to build strength, love, and unity in their families and the world. **BOOK#: 28.SMAL**

The Two Sides of Love

Gary Smalley/John Trent

PUBLISHER: Focus on the Family Publishing, 1992

Do you and your loved ones sometimes seem poles apart? Do you long for greater affection in your most important relationships? Do you wonder what makes commitments last in an age of throwaway marriages and friendships? The key to all these concerns is finding a healthy balance between love's hard and soft sides. *The Two ...* shows you how balanced you are now, how you got that way, and how to move towards a wholehearted love that will enrich all your relationships. **BOOK#: 28.SMALL**

The Language of Love

Gary Smalley/John Trent

PUBLISHER: Focus on the Family Publishing, 1991

"Why can't he understand how I feel?" a wife asks herself in desperation after another failed attempt to communicate with her husband. The frustration of missing out on meaningful communication affects not only our marriages, but also our friendships, parent-child and professional relationships. *The Language...* explores, "emotional word pictures". The authors explain how word pictures help us capture people's attention, make our messages memorable, open the door to greater intimacy and bring about lasting change. **BOOK#: 28.SMAL**

Celebrate the Family

Gary Smalley/John Trent

PUBLISHER: Tyndale House Publishers, Inc., 1999

One of life's most cherished gifts is being part of a family. Ponder the wisdom of God in creating the environment and companionship we know as family. Let your heart be warmed as you experience the love that binds family members from a variety of cultures and life circumstances. **BOOK#: 28.SMAL**

Joy That Lasts

Gary Smalley/Al Janssen

PUBLISHER: Zondervan Publishing House, 1988

"Trials can be our greatest experience for they can lead to the source of lasting joy." "Reaching bottom is the first step up." These words of advice come easily, except to those who are hurting. Gary Smalley

learned the pain of rejection. He recovered from his emotional devastation to become a best-selling author, respected marriage counsellor, and sought-after public speaker. But it took him two years and a career change to heal from his hurt and turn back to God. It was then he discovered the secret to a life so fulfilling, it would be virtually impossible for circumstances to rob him of his joy. **BOOK#: 28.SMALL**

Raising a Good Kid

John Smith

PUBLISHER: Sorin Books, 2002

Most kids grow up to be just plain good kids, despite all the advice thrown at parents. But even a good kid can cause a parent to worry. Raising a good kid - even knowing what makes a "good" kid - can be terrifying because it is so important to us and because so many things can go wrong. John Smith has spent decades with kids and their parents. He knows what it takes to raise a good kid. He knows there isn't an owner's manual. Most important - and reassuring - he knows, too, that despite all your worries, chances are you're doing just fine raising a good kid. **BOOK#: 28.SMITH**

Upbringing: A Discussion Handbook for Parents of Young Children

J. Stenson

PUBLISHER: Scepter Publishers, Inc., 1991

Serious needs of today's parents are not being met effectively. This book addresses the most important of those needs. Where are we headed? What sort of men and women do we hope our children will grow up to be? Are we making progress, and how can we tell? What do we have to do *now* to help our children grow toward responsible adulthood? *Upbringing* provides a framework for fruitful discussion of these issues by couples and groups of couples. **BOOK#: 28.STEN**

The Thinking Parent

A. Stokes

PUBLISHER: Twenty Third Publications, 1993

This is an essential book for today's parents. In it, readers will find sound, down-to-earth advice on how to raise their children in the tumult of contemporary times. Ann Stokes, a long-time educator from Minnesota, tempers her writing with wisdom, experience and practical guidance. She offers a necessary antidote to the "feel good" pop psychology so often fed to parents today. Stokes believes that nothing short of intelligent parental decision making, gentle but firm discipline, and genuine caring and concern will help children grow into responsible, reasoning adults. **BOOK#: 28.STOK**

Beginning Your Marriage Thomas & Thomas 28.THOM

The Covenant Experience

Bob & Irene Tomonto

This program was developed to help faith communities support married couples in their relationships with each other, with the Lord and with the community. **28.TOMO**

On Life and Love

William Urbine

This concise reference work summarizes the key documents of the Roman Catholic Church on marriage and family life, from the time of Leo XIII to John Paul II. **28.URBI**

Family Guide to Movies & Videos

USCC

This volume contains more than 7,500 entries featuring nearly every English-language film released since 1966, together with a wide selection of subtitled foreign-language films and older films previously considered unsuitable for young viewers. **28.USCC**

Canadian Families (Text in English and French)

AUTHOR: The Vanier Institute of the Family

This book is addressed to people who are concerned about families in Canada. Its goal is to encourage them to think about the structural changes that have occurred to families in recent decades. The book is a basic introduction to the subject for a broad cross-section of Canadians who might otherwise not be

aware of the most up-to-date information about families in Canada. **BOOK#:28.VANI**

Marriage & Relationships

Various

This book is a marriage preparation program; it is also a valuable tool for marriage preservation dealing with communication and conflict resolution, sexual intimacy, blended families, financial planning and more. **28.VARI**

Love Happens in Families

PUBLISHER: Christian Family Movement

This book was written for families who want to hold weekly "family nights" in their homes for the twofold purpose of establishing closer family ties and of fostering Christian values within their families. **BOOK#: 28.VARI**

COUPLE SKILLS: Making Your Relationship Work

PUBLISHER: New Harbinger Publications, Inc., 1994

This is a book that can change your relationship. It will change how you communicate, how you think about your partner, how you behave, and how you cope with problems and conflicts. Each chapter helps you polish an essential couple skill: listening. **BOOK#: 28.VARI**

Growing in Faith: A Catholic Family Sourcebook

PUBLISHER: Don Bosco Multimedia, 1990

"Anyone who is concerned about the what, why, how, when and who of family life will find this book invaluable. At once solid and readable, it could be used both as a comprehensive instruction to family life and as an aid and stimulus to parish ministers concerned about faith growth and transmission in the families." Sr. Kateri Battaglia, MSC, National Association of Catholic Family Life Minister. **BOOK#: 28.VARI**

Keeping Your Kids Catholic

Though keeping your kids Catholic may seem impossible in the 1990's, Bert Ghezzi believes it can be done. From how-to articles on sharing your faith with small children to articles on how to love adult children who leave the Church, here is tested pastoral wisdom for raising your kids Catholic. **BOOK#: 28.VARI**

Fathering: Building the New Civilization of Love

Christopher De Vinck

PUBLISHER: Madonna House

Love...love...love... never counting the cost. Fathers are invited to enter deeply into their fatherhood in order to discover their true and most central vocation. This book offers concrete help and encouragement in living the gospel call to become transformed through loving their family. **BOOK#: 28.VINC**

Family Ministry

Various

The editors have amassed an insightful, powerful and timely collection of original essays on family ministry. You'll find solid theory, background information and a wealth of practical suggestions on making family ministry work. **28.VARI**

Family Life

Various

This program contains information and materials for planning and implementing the Benziger Family Life Program throughout a parish. This manual can help make family life education an enjoyable and rewarding process for the entire parish. **28.VARI**

Love and Responsibility

H. Wojtyla

PUBLISHER: Ignatius Press, 1993

Drawing from his own pastoral experience as a priest and bishop before he became Pope John Paul II, Karol Wojtyla has produced a remarkably eloquent and resourceful defence of Catholic tradition in the sphere of family life and sexual morality. Perhaps the most striking feature of the book is that the author appeals throughout to ordinary, human experience, logically examined. His conclusions coincide with the traditional teachings of the Church, which invoke scriptural authority. But the author's approach ensures that non-Christians also can consider the arguments on their own merits. **BOOK#: 28.WOJT**

Make Family Time Prime Time

D. Yribarren

PUBLISHER: Twenty-Third Publications, 1997

Turn off your television and make family time prime time! This marvellous new resource is filled with family activities that are as lively and entertaining as any sitcom. The authors offer activities, games, crafts, recipes, rituals and many other creative ways to engage families in spending quality time together. Best of all, most of the activities can be done with little planning or preparation. **BOOK#: 28.YRIB**

OTHER RESOURCES:

Motherhood in the Balance

Catherine M. Wallace

PUBLISHER: Morehouse, 1999

Recounts the ordinary struggles of a woman trying to juggle the demands of her career with the needs of her children, husband, and God who helps her realise that it is all a question of vocation. **BOOK#: 20.WALL**

Helping Children Cope with the Loss of a Loved One

William C. Kroen

PUBLISHER: Free Spirit Publishing, 1996

In clear, concise language, Dr. Kroen offers comfort, compassion, and sound advice to any adult who is helping a child cope with the death of a loved one. He offers suggestions on how we can respond to children at different ages and stages, and describes strategies we can use to guide and support them through the grieving process. **BOOK#: 23.KROE**

The Catechism of the Catholic Church: Family Style

David M. Thomas & Mary Joyce Calnan

PUBLISHER: Tabor Publishing, 1994

Thomas & Calnan have adapted the Catechism both to the language of our culture and to the language of the family. They have taken the heart of the faith and blended it with the heart of the family. Expanded information has been provided on how families share faith, values and their sacred, sometimes quite ordinary, moments. **BOOK# 34.THOM** (Faith)

VIDEO RESOURCES ON MARRIAGE & FAMILY

HOW TO RAISE PARENTS IN THESE TROUBLES TIMES

SPEAKER: Clayton Barbeau

PUBLISHED: Franciscan Communications

A two part program that looks at the ever changing relationships of teenagers and their parents.

Part One: presents some do's and don'ts of interpersonal communications; compares the trials of adolescence with the tensions of middle age; concludes with a straightforward discussion of premature sex and its side effects.

Part Two: Insight, compassion and humour mark Mr. Barbeau's responses to questions submitted to him earlier by parents and teens in the audience. He touches on parental authority and

the maturing teen, active listening and honest responses, the right to privacy, and the freedom to make and admit mistakes. **GUIDE. LENGTH:** Two 1-hr. parts **VID#:** 20.001 - 20.002

THE HEALTHY FAMILY

SPEAKER: Rev. Stephen Cooley

PUBLISHED: Credence Cassettes (1989)

"For many years hurting people came to me to unburden themselves about difficulties in their family relationships. So I began to work hard to sharpen my helping skills with strong clinical training. These lectures come out of my pastoral experiences, clinical training and my own searching."

- 1) Family Relationships
- 2) The Marriage Relationship
- 3) The Parent-Child Relationship

Good for group viewing and discussions.

LENGTH: Three 1-hr. segments **VID#:** 20.003 - 20.005

TEN INGREDIENTS FOR HAPPY FAMILY LIVING

PUBLISHED: Tabor Publishing

A two-segment video presentation during which Fr. McNulty shares with us his experience from 32 years of pastoral ministry with families. In each 30-min. segment we reflect with Fr. McNulty on ten ingredients of family living that he has come to value. Fr. McNulty gives us practical ways we can integrate these values into our own family lives. **GUIDE. LENGTH:** 1 hr. **VID#:** 20.006

FAMILYTIME: LITURGICAL CATECHESIS FOR FAMILIES

PUBLISHED: Tabor Publishing (1993)

This video provides a short introduction to the first three sessions outlined in the Program Manual of the same name. The manual contains a liturgically based catechetical program, designed to be used once a month, October through May, but with enough material in its options to be used twice a month in the RCIA process. The program strives to help parishes accomplish 3 primary goals:

- (1) to enhance family relationships through communications, activities, and rituals;
- (2) to enhance understanding of, appreciation for, and participation in the liturgical life of the church;
- (3) to provide catechetical opportunities for children and adults.

GUIDE: Manual (bulk of program) LENGTH: 10 min. **VID#:** 20.007

HOMES OF HONOR - PARENTING SERIES - Gary Smalley

PUBLISHER: Today's Family, 1998

Hidden Keys to Successful Parenting teaches parents how to discover their child's personality type, their strengths and weaknesses, and how to build on those strengths and minimize those weaknesses. Gary teaches you how to move out of the two parenting styles that can produce devastating, long-range consequences, and move into the parenting style that produces the most stable and fulfilled children. Parents will learn: how to motivate their children; how to remove walls between them and their children; and how to keep the lines of meaningful communication and love flowing both ways. These are just a few of the areas covered in this seminar. **GUIDE. LENGTH:** Approx. 40 min. each **VID#:** 20.008

JOY IN PARENTING

PUBLISHED: Franciscan Communications

In four, 30-min. segments, Joe Schlehofer addresses common issues that concern parents: raising children, developing self-esteem, discipline and spiritual values. **LENGTH:** 120 min. **VID#:** 20.009

CREATING FAMILY

PUBLISHER: St. Anthony Messenger Press

A five-part video series that takes an engaging and inspirational look at the American family, with author, lecturer and family therapist, Clayton Barbeau.

Husband/Wife Relationship: The whole concept of marriage hinges on how husbands and wives relate to each other... and that relating revolves around their sexuality. 51 min.

Creating Family: We create ourselves, our families and each other by our responses to each other and our world... our creation means risk taking to nurture ourselves. 49 min.

The Male/Female Crisis: Obsolete American misconceptions of male, female roles are wreaking havoc in many marital relationships. 47 min.

Teens, Singles & Lovers vs. Sex: Love is learned in the home, and love education is the answer to a lot of the problems sex education is trying to solve. 53 min.

Parents as Role Models: What we do, more than what we say, is critical in parenting... we need to be open and natural with our children. 49 min. **VID#:** 20.010-20.014

FAITH & FAMILY LIFE SERIES:

TAPE 1: HOW TO RAISE YOUR CHILD WITH FAITH AS A SINGLE PARENT (Help for the Divorced or Widowed)

Shows how a single parent can meet this challenge with confidence and hope.

TAPE 2: HOW TO RAISE YOUR CHILD WITH FAITH

Explores some practical answers while helping parents to go on a faith journey as a family.

TAPE 3: RAISING FAITH-FILLED CHILDREN IN A CONSUMER SOCIETY

Provides realistic answers which help children live gospel values. **VID#:** 20.015-20.017

AN AMERICAN FAMILY: IT'S NOT DYING. IT'S CHANGING.

SPEAKER: Dolores Curran

PUBLISHED: Argus Communications (1986)

A three-part video series presented by Dolores Curran, an educator, columnist, international lecturer, family specialist and parent.

- 1) The Myth of the Dying Family
- 2) Changing Functions of the Family
- 3) Changing Value Systems in the Family

GUIDE. LENGTH: Three 30-min. segments **VID#:** 20.018

FAMILY SPIRITUALITY

SPEAKER: Dr. Kathleen Chesto

PUBLISHED: Twenty-Third Publications

This video program is a significant step in the ongoing faith journey of families. Dr. Kathleen Chesto, a nationally known speaker and workshop presenter, enriches her audience with her thoughts and ideas on building healthy faith life within the family. She emphasizes how the commitment we make to a family lifestyle is as important as any calling.

Dr. Chesto uses her own experience as a mother of three and a family religious education consultant to bring encouragement and affirmation to other families. Her stories cover areas that all

parents can relate to as they find support and comfort in hearing many of their own fears and feelings voiced. This video will spark an excited response in viewers and elicit a fundamental commitment to fostering a sound spiritual life in their families. **LENGTH:** 25 min. **VID#:** 20.019

HOLINESS FAMILYSTYLE

SPEAKER: Kathleen O'Connell Chesto

PUBLISHER: Liguori Publications

Holiness FamilyStyle is a simple, heart-warming look at the extraordinary sacredness of all the ordinary tasks of parenting. Dr. Chesto calls on parents to recognize their role in "making God visible" in the lives of their children, while using stories to illustrate how children also play a primary role in teaching their parents about God.

This is an empowering video, designed to help parents feel comfortable with their faith and confident in their ability to share faith with their children. Use it with parents during sacramental preparation, in young mothers support groups, in the RCIA, at PTA meetings, in marriage preparation and at the beginning of a religious education program. **LENGTH:** 30 min. **VID#:** 20.020