

READING RESOURCES on ABUSE

Healing the Wounds of Emotional Abuse

By: Nancy Benvenga

This book address the subject of emotional child abuse clearly and objectively. It provides valuable information to those who have been victims of abuse as well as those who wish to learn more about this important subject. **21.BENV**

Sober Spring

By: Robert Bollendorf

This book is witness to the human tragedies, the pain, the sorrow of chemical dependency. It is also witness to the joy and the hope that comes with treatment. **21.BOLL**

Breach of Trust/Breach of Faith

By: CCCB

The general objectives of the five study sessions in this booklet are to increase awareness of the nature of abuse and to promote actions that will purge this evil from society and the Church. **21.CCCB -2**

From Pain to Hope

By: CCCB

Report from the Ad Hoc Committee on Child Sexual Abuse. **21.CCCB**

Child Sexual Abuse

Health and Welfare Canada

Guidelines for Community Workers. A report of the Federal Working Group. **21.HEAL**

Not My Kid!

By: Earnest Larsen, C. ss.R.

Revealing letters from kids who were asked about their attitude toward alcohol, sex and drugs, and how much pressure they are under to confirm to the postures of their peers. **21.LARS**

Sexual Abuse in the Church

By: Rev. John Allan Loftus, S.J.

A quest for understanding. **21.LOFT**

Breakthrough: Alcoholism & Chemical Dependency By: Ruth Maxwell

A series of tested techniques designed to help you break down the addicted person's resistance to treatment and break free of the tyranny of chemical dependence *before* the problems become too devastating to handle. **21.MAXW**

Reaching for Solutions

By: Rix Rogers

A report of the Special Advisor to the Minister of National Health and Welfare on Child Sexual Abuse in Canada. **21.MINI**

Retarded Children: God's Children

By: Sigurd D. Petersen

The author approaches the subject of mental illness from the point of view of the patient's family. He explains that although mental illness sometimes makes people rebellious and brooding, it can serve as a challenge to seek deeper and more meaningful ways of living. **21.PETE**

The Twelve Steps: A Spiritual Journey

Recovery Publications

The Twelve Steps is a guide for recovery based on Bible truths, self-understanding and the unchanging love of God for all his children. It contains explicit, detailed writing exercises for each step on the road to recovery. **21.RECO**

Sometimes God Has a Kid's Face

By: Bruce Ritter

The story of America's exploited street kids. **21.RITT**

Man and Woman He Made Them

By: Jean Vanier

Drawing on over 20 years' experience of Christian community life with people who are mentally handicapped and their assistants the author explores the implications of the relationship of man and woman from a Christian and a community standpoint. **21.VANI**

Forgiving Our Parents

By: D. L. Wolter

21.WOLT

Take and Make Holy

Mari West Zimmerman

PUBLISHER: Lit. Training Pub.

Recovery from abuse - sexual, physical or ritual - is a long process of mental, emotional and spiritual healing. Prayer along and with a supportive community is an important element in that healing. The prayer services in this book honour the mystery of God's presence in a survivor's experience of healing. They follow approximately the sequence of milestones in the recovery process and are meant to accompany, not replace, professional therapy. Counsellors, therapists, spiritual directors, pastors and, of course, abuse survivors will find this a helpful resource for both individual and group prayer.

LENGTH: 198 pages **ISBN: 1-56854-094-9** **BOOK #** 10.036 (Liturgy Office)

VIDEO RESOURCES

12-STEP THEORY AND PRACTICE

PRODUCER: Human Relations Media

PUBLISHED: Canadian Learning Company (1989)

A validation of Twelve Step theory and practice, showing its scientific origins and roots in psychotherapy. This video will give the 12 step therapist a new level of scientific knowledge. Level: adult. **LENGTH:** 45 min **VID#:** 24.705

CHECK IN TIME

SPEAKER: Bernard Selling

PUBLISHED: Franciscan Communications

Alcoholism: Drama dealing with effects of alcoholism on family relationships. The father, recently a very heavy drinker, is late coming home from work. The mother anxiously telephones home from her job, and the daughter, waiting to show off a prize won at school, mutely communicates by her unspoken anxiety and suspicion, the pain of this family's recent past. Flashbacks of the past closeness and companionship between father and daughter illustrate family covenant, a covenant that once broken, requires skill, love, patience, and trust to re-establish. Level: intermediate - adult. **LENGTH:** 13 min. **VID#:** 24.709

HEALING MEMORIES AND FORGIVENESS

SPEAKER: Rev. Martin Padovani

PUBLISHED: Twenty-Third Publications (1989)

Fr. Padovani shows us how to face painful times in our lives, and how to let go of the feelings we keep hidden away. The author has found that the one common element emotionally troubled people share is repression. Personal pain takes its toll among those who suffer silently in a vain attempt to avoid dealing with difficult aspects of their lives. He encourages viewers to bring unresolved conflicts to the surface. There is a very helpful question-and-answer period at the end of the program that offers enlightening insights into specific concerns. **GUIDE. LENGTH:** 30 min. **VID#:** 24.733

THE SPIRITUALITY VIDEO

PRODUCER: Motivational Media Inc.

PUBLISHED: Canadian Learning Company (1989)

Four practising chemical dependency therapists and educators deal with this problem and present their different approaches to the Spiritual Experience which is a foundation of a successful Twelve Step Program. **LENGTH:** 45 min. **VID#:** 24.737

SURVIVING DIFFICULT PEOPLE

SPEAKER: Clayton Barbeau

PUBLISHER: St. Anthony/Franciscan Comm.

In this program, Clayton gives special attention to the problem individuals who can make day to day living difficult at work or at home. He suggests ways to approach people who tend to bully or to criticize constantly, or those who demand inordinate attention or wish to be always in control. And he profiles those who can't make a decision or simply won't communicate. He states that it is very important to realize that one's response to a difficult person is more important than that person's behaviour. **LENGTH:** 40 min. **VID#:** 24.766