

READING RESOURCES ON HUMAN DEVELOPMENT & FAITH

Journeying in His Light

Rev. William A. Anderson

Designed as a companion to the catechism. It is a response to the many requests for an additional volume which would provide deeper insight into Scripture, encourage personal reflection, and allow for faith-sharing experiences. **34.ANDE**

Storytelling: Imagination and Faith

William J. Bausch

The author taps a treasured wellspring of stories from masters of antiquity to anonymous authors of more recent days, within many religious and secular traditions. He celebrates the power of stories to capture and pass on from one generation to the next the wisdom, imagination, and faith of a people. **34.BAUS**

Telling Compelling Stories

William J. Bausch

A collection of 35 wonderful stories that illuminate Scripture. Bausch demonstrates in these stories that God's grace is not a quality given only to a select few. This idea-packed volume can be used as a springboard for homilies, and provides lively material for adult and teen religious formation. **34.BAUS**

Belief and Belonging

Bishops of Belgium

A compact overview of the Catholic faith, a summary that responds to the contemporary issues of modern society. Readers will find themselves challenged to examine their hearts and to enter more deeply into the Church's life of prayer and sacrament. As a permanent reference guide and study text, this book will prove invaluable to families, parishes and groups devoted to spirituality or social action. **34.BISH**

God and Man

Archbishop Anthony Bloom

Themes of faith, doubt and prayer, theism and humanism are the focal points of this book. **34.BLOO**

This Tremendous Lover

M. Eugene Boylan

The Mercier Press, 1964

This is a book that takes the question of personal sanctity and relates it to a Pauline vision of the Church as the Mystical Body of Christ. It is a spiritual reading experience that is very old, ever new, a book which, when read again, remains remarkably fresh and inspiring. **34.BOYL**

Hunting the Divine Fox

Robert Farrar Capon

This book offers a fresh view of the substantial of the Christian faith, packaged in a very readable format. **34.CAPO**

An Introduction to the Faith of Catholics

Richard Chilson

For the born Catholic a book with sensitive rephrasing of all that he treasures in his faith. For the new Catholic, an overview of the Catholic tradition that is wide enough to provide a perspective but detailed enough to provide a realistic foundation for his new-found faith and for someone who is not a Catholic, a survey of Catholic beliefs and practices written in a language and with a sympathy that makes them accessible, understandable and related to what is and not just what should be true of the Catholic Church. **34.CHIL**

Divine Healing: The Power of Faith

Timothy J. Dailey

This book will show you how belief can help defeat illness. It is full of true stories about ordinary people whose lives were transformed by their own faith and the prayers of others. It offers solid scientific proof that faith promotes health. **34.DAIL**

The Drama of Atheist Humanism

Henri DeLubac, S.J.

A book on the sources and influences of modern atheist humanism. **34.DELU****Distinctively Catholic**

Daniel Donovan

Paulist Press, 1997

In this highly readable introduction to Catholicism, the author focuses on characteristic features of the Catholic experience of Christianity, on things that make being Catholic distinctive. This book explores Catholicism in light of such themes as community, history, the sacraments and liturgy, doctrine, and church structure. **34.DONO**

Happy Are You Poor

Thomas Dubay

Ignatius Press, 2003

This book explains the meaning of this beatitude lived and taught by Jesus himself. This book explains how material things are like extensions of our persons and thus of our love. **34.DUBAY**

A Companion to the Summa

Walter Farrell, O.P., S.T.D., S.T.M.

These books serve as an introduction of the series of lectures on the *Summa Theologica* of St. Thomas Aquinas and a defence of the truths, natural and divine, by which human life is lived. **34.FARR** (bottom cupboard, 4 volumes)

God in Search of Man

Abraham Heschel

A profound and moving interpretation of the historic Jewish faith in the idiom of our time. **34.HESC**

A Spirituality of Wholeness

Bill Huebsch

The author's distinctive prose images and storytelling create for you an unforgettable journey to the mystery and wonder of the "other side" of your everyday experiences. For priests, teachers, ministers of healing, individuals and prayer groups. **34.HUEB**

Mountains of Spices

Hannah Hurnard

An allegorical comparison of the nine spices mentioned in Canticles and the nine fruits of the Spirit. The author skilfully shows that the characteristics and weaknesses of temperament which seem to be the greatest hindrances to the Christian life can be transformed into virtues when they are surrendered to the Saviour. **34.HURN**

U.S.A. the Message of Justice, Peace & Love

John Paul II

This book contains a complete collection of the talks given by His Holiness, Pope John Paul II, during his visit to the U.S.A., October 1-7, 1979. A book to treasure, to meditate, to live by, enriched with many full-colour and black and white photographs. **34.JOHN**

Crossing the Threshold of Hope

John Paul II

On the eve of the millennium, Pope John Paul II brings to an accessible level the profoundest theological concerns of our lives. He goes to the heart of his personal beliefs and speaks with passion about the existence of God; about the dignity of man; about pain, suffering and evil; about eternal life and the meaning of salvation; about hope; about the relationship of Christianity to other faiths and that of Catholicism to other branches of the Christian faith. **34.JOHN**

Why I am Still A Christian

Hans Kung

With remarkable clarity and insight, Kung reveals the extraordinary power of the Christian faith to give meaning and the deepest spiritual nourishment to human life. **34.KUNG**

A Gentle Thunder

Max Lucado

God will touch. He will tug. He will whisper and shout. He will take away our burdens. He'll even take away our blessings. With pictures and parables from everyday life, Max Lucado call us to trust in tough times. God's goal is to get us home safely. God's thunder is gentle. And his gentleness never ends. **34.LUCA**

We Believe...A Survey of the Catholic Faith

Oscar Lukefahr, C.M.

The author provides an overview of the Catholic faith in an easy-to-understand format that touches on the important elements of belief and practice. Catholics and non-Catholics alike can learn how to be more faithful to Christ. **34.LUKE**

Adult Faith Education

Mary Malone

This booklet will explore the parish task of adult faith education, a task of supporting and guiding adults along the journey of faith. **34.MALO**

Traces of God

Peter Malone

Where can we look to find the traces of God? The author takes this question and reflects on the many aspects of life where we may be touched by this presence. This is a book that will truly inspire and uplift all those searching for 'traces of God' using anecdotal material, recounting personal experience, drawing on scripture and the wisdom of writers and artists. **34.MALO**

The Ten(der) Commandments

Ron Mehl

Multnomah Publishers, Inc., 1998

Rediscover the Ten Commandments as a tender message of love from a protective and affectionate Father God. Devoting a chapter to each Commandment, Ron shows how God uses them to remove the confusion about right and wrong in today's relativistic culture, protect us from the consequences of our own moral weakness, and guide our thinking and actions in every situation. **34.MEHL**

The Seven Story Mountain

Thomas Merton, 1976

One of the most famous books ever written on a man's search for faith and peace. Thomas Merton wrote this extraordinary testament in a Trappist monastery - a unique spiritual document of a man who withdrew from the world only after he had fully immersed himself in it. **34.MERT**

Tomorrow's Catholic

Michael Morwood, MSC

This book offers a fascinating outline of contemporary cosmology that connects the message of Jesus and the Spirituality of Pentecost to the world we live in today. The suggested questions for discussion, the extensive bibliography and comprehensive index make this a valuable adult faith development resource. More importantly, it is a book that will inspire and give hope to readers because of its positive presentation of a religious world view and spirituality relevant to a new millennium. **34.MORW**

The Inner Voice of Love

Henri Nouwen

Random House Inc, 1996

This is Henri Nouwen's "secret journal." It was written during the most difficult period of his life, when he suddenly lost his self-esteem, his energy to live and work, his sense of being loved, even his hope in God. Although he experienced excruciating anguish and despair, he was still able to keep a journal in which he wrote each day a spiritual imperative to himself, which emerged from his conversations with friends and supporters. Four countless men and women who suffer from the loss of a loved one, this book offers new courage, new hope, even new life. **34.NOUE**

Light, Happiness & Peace

Fr. John Pasquini

Alba House

This book summarizes and explains the tried and true in Roman Catholic tradition in the areas of prayer and spiritual development. It is a blueprint in which everyday Catholics can find their way to the sanctity for which we should all aspire. **34.PASQ**

Happiness is an Inside Job

John Powell

The author tell us about his assumptions and he describes for us the ten practices that he sees as necessary if we are to be successful in our quest for happiness. We must all accept full responsibility for our own happiness. **34.POWE**

The Essential Catholic Handbook

Redemptorist Publications, 1997

A compact guide to the basic tenets of the Catholic faith. This book covers fundamental Catholic doctrine, details the Church's practices including the commandments and Precepts of the Church, confession of sins, the corporal and spiritual works of mercy, and an outline of the liturgical seasons of the year. Also covered are significant prayers, living the Catholic faith in the spirit of Vatican II and an overview of the documents of Vatican II. Included is a dictionary of essential Catholic terms and a daily calendar of Catholic saints. **34.REDE**

God's World in the Making

Peter Schoonenberg

In this book the author analyses the meaning of evolution itself and its relation to the biblical concept of creation, then he goes on to examine the origin of man, the history of salvation, marriage, labour, and man's final state. **34.SCHO**

The Legend of the Bells

John Shea

This book contains 25 of John Shea's favorite stories. Drawn from religious traditions, spiritual legends, and everyday experience, each story speaks directly to the seeker's heart and mind and is followed by a thought-provoking, heartfelt explanation which gives a practical, personal relevance to the story. **34.SHEA**

Peace of Soul

Fulton Sheen

Bishop Sheen asks readers to stop blaming their subconscious for their ills and examine instead their conscience, to turn away from the psychoanalyst and turn to God. He shows readers that peace of soul cannot come from humankind, but must come through Divine help. **34.SHEEN**

The God of All Comfort

Hannah Whittall Smith

Moody Press, 1997

The object of this book is to reveal the secret of an abundant life and victory over defeat; to bring genuine and enduring joy into the lives of troubled Christians; to show that everything Christ promised is available today to all believers; to put within reach of every Christian that deep and lasting peace and comfort of soul that nothing earthly can disturb. **34.SMIT**

Faith is a Verb

Kenneth Stokes

This book vibrantly illustrates that faith should not be static, rigid, or inflexible, but rather an emerging and continually developing process. It is written for those involved in ministry and the helping professions, and for all thoughtful persons seeking a more meaningful spiritual life. **34.STOK**

The Jesus Path: 7 Steps to a Cosmic Awakening

Vicky Thompson

Red Wheel, 2003

The author shares the wisdom revealed to her about Jesus' own 7-step divine model of awakening, by releasing fear and doubt and reconnecting with the wisdom of the higher spirit-self. Divinely inspired exercises, meditations and affirmations provide us with ways to reawaken our connection with God and

practice divine living every day of our lives. **34.THOM**

The Seasons of Life

Paul Tournier

Dr. Tournier makes the comparison and gives meaning to the implications of how the life of man compares to the seasons of nature when nature ever renews herself - when man's life leads to death. **34.TOUR**

Eruption to Hope

Jean Vanier

In this book, Jean Vanier pleads for the poor, the lonely and the retarded - for all who are shut away and forgotten. He asks Man to give of his substance and not merely from his abundance of "extras." **34.VANI**

At That Time

Various

Cycles and seasons in the life of a Christian presented by various authors. **34.VARI**

Will Our Children Have Faith?

John Westerhoff III

The author attempts to surface afresh the issue of faith and suggests implications for educational ministry. **34.WEST**

A Search for the Spiritual

James Every White

Baker Books, 1998

For those who seek God and are willing to come to that search with an open mind and a listen heart, *A Search for the Spiritual* will prove to be an invaluable traveller's companion for the journey that includes an exploration of the Christian faith. **34.WHITE**

Stories for the Journey

William White

This book offers delightful material for 'converting the imagination' of listeners today. The author provides Christian storytellers with re-tellings of more than 80 folktales in this practical sourcebook. **34.WHIT**

Christ Among Us

Anthony Wilhelm, C.S.P.

This book unfolds salvation history from its beginnings to its most contemporary expressions and applications. Here is Christ, the Christian story, the Catholic Church. Here also is the reader himself with his daily life and problems. **34.WILH**

The Good Enough Catholic

Paul Wilkes, 1996

In this book the author addresses the basic dilemma of how Catholics can at once be faithful to their traditions - drawing upon the wellspring of Catholic teaching, spirituality, and practice - yet still remain open to new discoveries about Catholicism and themselves as well. **34.WILK**

SEE ALSO SECTIONS ON: ABUSE, GRIEF, MORALITY for more resources on Human Development.

VIDEO RESOURCES ON HUMAN DEVELOPMENT & FAITH

CO-DEPENDENT DENIAL

SPEAKER: James Crossen

PUBLISHED: Canadian Learning Company (1989)

Establishes rules for the co-dependent in denial which provide the information and motivation for their first real opportunity to sort out and prioritize their own goals and lives. Level: adult. **LENGTH:** 45 min

VID#: 24.702

CONTINUING RECOVERY SKILLS

SPEAKER: James Crossen

PUBLISHED: Canadian Learning Company (1989)

Dr. Crossen presents specific skills and strategies that can be used to create a successful recovery for the dependent. The tape emphasizes the goal of a "happy, joyous, free" and continuing recovery. Level: adult.

LENGTH: 45 min. **VID#:** 24.703

SEXUAL ADDICTION

PRODUCER: Motivational Media Inc.

PUBLISHED: Canadian Learning Company (1989)

This program will help identify sexual addiction as it interferes with recovery, and offers a means for the sexual addict to find an answer to his or her compulsion with the parameters of existing Twelve Step therapy.

LENGTH: 45 min **VID#:** 24.704

12-STEP THEORY AND PRACTICE

PRODUCER: Human Relations Media

PUBLISHED: Canadian Learning Company (1989)

A validation of Twelve Step theory and practice, showing its scientific origins and roots in psychotherapy.

This video will give the 12 step therapist a new level of scientific knowledge. Level: adult. **LENGTH:** 45 min **VID#:** 24.705

DEPENDENT DENIAL

SPEAKER: Dr. James Crossen

PUBLISHED: Canadian Learning Company (1989)

Dr. Crossen leaves no doubt for the necessity for continued attendance in a 12-Step Program. The patient or client will learn how the denial system is reinforced by the ego defense mechanism's attack on the memory system. They will learn the most skills and time tested practices of recovery which can be used to fight the strong denial system's interference with the "clean and sober" goal. **LENGTH:** 45 min **VID#:** 24.706

S.A.D.D. -- STUDENTS AGAINST DRIVING DRUNK

SPEAKER: Bob Anastas

PUBLISHED: Liguori Publications (1989)

This video contains an unforgettable presentation by Bob Anastas, the founder and director of S.A.D.D. In it, he explains how the S.A.D.D. program opens lines of communication between teens and their parents.

S.A.D.D. program encourages teens to band together and reverse peer pressure -- to stop their friends from driving drunk. **LENGTH:** 30 min. **VID#:** 24.708

CHECK IN TIME

SPEAKER: Bernard Selling

PUBLISHED: Franciscan Communications

Alcoholism: Drama dealing with effects of alcoholism on family relationships. The father, recently a very

heavy drinker, is late coming home from work. The mother anxiously telephones home from her job, and the daughter, waiting to show off a prize won at school, mutely communicates by her unspoken anxiety and suspicion, the pain of this family's recent past. Flashbacks of the past closeness and companionship between father and daughter illustrate family covenant, a covenant that once broken, requires skill, love, patience, and trust to re-establish. Level: intermediate - adult. **LENGTH:** 13 min. **VID#:** 24.709

TEENAGE SUICIDE

PUBLISHED: Don Bosco Multimedia (1989)

Too many young lives are destroyed by suicide. Often, this could be avoided with proper attention to warning signals. This video presentation explores the signs indicative of potential suicide victim. Religion is emphasized as a stabilizing influence in young lives. Level: highschool - adult. **LENGTH:** 30 min. **VID#:** 24.710

SURVIVING LIFE TRANSITIONS

SPEAKER: Clayton Barbeau

PUBLISHED: Franciscan Communications (1988)

Our ways of thinking, feeling, and being are constantly changing. Change can also be very threatening because of fear of the unknown. Clayton guides us through the process of change and offers stories and strategies for healthy personal growth. Level: high school - adult. **LENGTH:** 30 min. **VID#:** 24.715

SURVIVING FAILURE, REJECTION

SPEAKER: Clayton Barbeau

PUBLISHED: Franciscan Communications (1989)

The fear of rejection, for most people, flows out of self-rejection. If we have a low opinion of ourselves and find it hard to accept ourselves, we even expect others to reject us. In this program, Clayton discusses the need to increase our awareness of our strengths. Level: high school - adult. **LENGTH:** 34 min. **VID#:** 24.716

SURVIVING BROKEN RELATIONSHIPS

SPEAKER: Clayton Barbeau

PUBLISHED: Franciscan Communications (1988)

Clayton talks about the anger and pain that follow a broken relationship. He assures us that the feelings we experience at this time are natural. Broken hearts do mend and when they do, they are often more loving and compassionate. Level: high school - adult. **LENGTH:** 24 min. **VID#:** 24.717

MIDLIFE, INVITATION TO INTIMACY

SPEAKER: Ann & Bob Faucett

PUBLISHED: Daughters of St. Paul (1989)

This video series attempts to help people understand the midlife transition. It encourages the viewer to begin the process with positive attitude to achieve healing and growth. There are six 30-min. segments on two video cassettes:

- 1) Introduction and Stages of Life
- 2) Midlife-Separation and Endings
- 3) Midlife -- Betwixt and Between
- 4) Reintegration and Midlife
- 5) A View of the Mountain
- 6) Healing at Midlife

GUIDE. LENGTH: Six 30-min. segments **VID#:** 24.718 - 24.719

THE INNER FAMILY

SPEAKER: Rev. John D. Powers

PUBLISHED: Twenty-Third Publications (1989)

In a split screen presentation, an actor portrays the shadow side of our emotion and reacts/responds with the positive side of the self. Thus, our emotions engage in dialogue with our more empathetic, caring natures. The Inner Family utilizes the gift and power of the imagination as a primary tool for knowing and understanding self and God. It offers the opportunity for great emotional and spiritual growth in our lives. The series can be divided into half-hour sessions, for practical application. **GUIDE. LENGTH:** Three 30-min. segments **VID#:** 24.722

IN CELEBRATION OF WOMEN'S GIFTS

PUBLISHED: Oblate Media

Women religious and their role in the church as well as the role of lay women.

Part 1: Agents of Change

Part 2: Mothers and Daughters

Part 3: Peacemakers

Part 4: Dreamspeakers **LENGTH:** Four 30-min. parts **VID#:** 24.723 - 24.726

SURVIVING DEPRESSION

SPEAKER: Clayton Barbeau

PUBLISHED: Franciscan Communications (1988)

Clayton helps us come to terms with some signs of depression -- from changes in eating and sleeping habits to inattentiveness, a sense of alienation and even thoughts of suicide. Clayton also offers some practical tactics for survival, all enriched by his use of personal stories and true-life examples. Level: high school - adult. **LENGTH:** 23 min. **VID#:** 24.727

SURVIVING LONELINESS

SPEAKER: Clayton Barbeau

PUBLISHED: Franciscan Communications (1988)

In this program, Clayton examines loneliness as part of everyone's life, especially in today's competitive society. He then offers many concrete strategies to counteract those moments when we experience loneliness. Level: high school - adult. **LENGTH:** 25 min. **VID#:** 24.728

THE DEPENDENT WOMAN

PRODUCER: Motivational Media Inc.

PUBLISHED: Canadian Learning Company (1989)

Explores the concepts of "supermom", shame, guilt, and women's self hatred as recovery issues, proposing that the recovering woman deserves the same quality of treatment that men receive. **LENGTH:** 45 min. **VID#:** 24.729

HEALING MEMORIES AND FORGIVENESS

SPEAKER: Rev. Martin Padovani

PUBLISHED: Twenty-Third Publications (1989)

Fr. Padovani shows us how to face painful times in our lives, and how to let go of the feelings we keep hidden away. The author has found that the one common element emotionally troubled people share is repression. Personal pain takes its toll among those who suffer silently in a vain attempt to avoid dealing with difficult aspects of their lives. He encourages viewers to bring unresolved conflicts to the surface. There is a very helpful question-and-answer period at the end of the program that offers enlightening insights into specific concerns. **GUIDE. LENGTH:** 30 min. **VID#:** 24.733

LIFE THROUGH DEATH

SPEAKER: Rev. Kenneth Czillinger

PUBLISHED: Tabor Publishing (1986)

Fr. Czillinger counsels families to discover grief as a path to resurrection. The healing process presented by Fr. Czillinger is highly recommended by Compassionate Friends, Inc. Divided into three 30-min. segments, this video presentation will help families, catechists, bereavement and other pastoral ministers reflect on: the mourning process; being comfortable with the feeling of helplessness; the presence of God in the midst of loss and death. **GUIDE. LENGTH:** Three 30-min. segments **VID#:** 24.735

SURVIVING GRIEF

SPEAKER: Clayton Barbeau

PUBLISHED: Franciscan Communications (1989)

Clayton Barbeau helps the viewer to understand the grieving process and to work toward acceptance of the loss of a loved one. Through his own experience of the untimely death of his wife, he suggests not to prolong and nurture grief, but to take one day at a time and make an effort to begin building a future. Level: high school - adult. **LENGTH:** 24 min. **VID#:** 24.736

THE SPIRITUALITY VIDEO

PRODUCER: Motivational Media Inc.

PUBLISHED: Canadian Learning Company (1989)

Four practising chemical dependency therapists and educators deal with this problem and present their different approaches to the Spiritual Experience which is a foundation of a successful Twelve Step Program.

LENGTH: 45 min. **VID#:** 24.737

ALMOST HOME: LIVING WITH SUFFERING AND DYING

SPEAKER: Sr. Thea Bowman

PUBLISHED: Liguori Publications (1989)

In this video, the late Sister Thea Bowman shares her personal experiences of living with the sufferings and uncertainties of a terminal illness. Through Sr. Thea's depth of spirituality and her gift of storytelling, you will discover that the sufferings we encounter and the finiteness of our existence pale in the splendour and power of God's gift of life and his eternal promises to us. Whether you are in good health or poor, whether you are suffering from a transient illness or a terminal one, this program will change your perception of living with suffering and dying. **GUIDE. LENGTH:** 30 min. **VID#:** 24.738

HAPPINESS IS AN INSIDE JOB

SPEAKER: John Powell S.J. and Loretta Brady M.S.W.

PUBLISHED: Tabor Publishing (1991)

John Powell's presentations in Segments 2-11 followed by interaction with the audience, which is facilitated by Loretta Brady.

- 1) Introduction
- 2) Self Acceptance
- 3) Full Responsibility
- 4) Relaxation, Nourishment, Exercise
- 5) Acts of Love
- 6) Stretching
- 7) Goodfinding
- 8) Growth, Not Perfection
- 9) Communication
- 10) Enjoyment of Life
- 11) Prayer
- 12) Conclusion

GUIDE: See book of same title. **LENGTH:** Twelve 30-min. segments **VID#:** 24.742-24.744

STOP TEENAGE SUICIDE

VID#: 27.745

WILLIAM

PUBLISHER: Franciscan Communications

A boy at a large picnic gathering finds himself without playmates. Experiencing rejection in various ways, he finally takes himself off on a nature walk and discovers the marvel and mystery of life in running water, sunshine on leaves, worms and the track made by a snail. This last discovery accidentally makes William the picnic's hero because the snail is carrying what everyone in the gathering is frantically searching for - a lost diamond. The film-story doesn't end; it stops with William looking out at us as he ponders the choice between a football and a cricket, visual symbols for the two worlds or the two aspects of reality that he has, so deeply and differently, encountered at this picnic. **GUIDE. LENGTH:** 15 min. **VID#:** 24.747

WHERE IS GOD WHEN LIFE HURTS?

PUBLISHER: Twenty-Third Publications, 1996

Anyone who has experienced suffering or tragedy has asked this question. Is it really God's will? Does God hurt us to teach us? Dr. Chesto challenges some of the religious theories we have created to justify pain. In sharing her own struggle with disability and degenerative illness, she questions a society that measures our worth by our productiveness.

This is a video for those dealing with suffering and for their caregivers. It is for parishes that have a real ministry of caring and want to understand the best way to reach out. It is also for priests, ministers and health professionals who regularly minister to hurting people. It offers insight into the mind and heart of the person in pain, the helplessness and rage, but it does not end there. By suggesting that there is no answer to the question, it offers the possibility of accepting life as mystery and discovering healing and hope. **GUIDE. LENGTH:** 43 min. **VID#:** 24.748

MY GRANDSON LEW

PUBLISHER: Franciscan Communications

A mother and her young son cope with their feelings about Grandpa's death and share their memories of him with each other. This story explores children's feelings about death, separation and relationships. **GUIDE. LENGTH:** 13 min. **VID#:** 24.750

CARING FOR THE AGED AND THE DYING

PUBLISHER: 24th Century Chinchilla Production, 1996

Dr. Josefina Magno is Director of Hospice Education and R&D at the Henry Ford Health System, and founder of the Academy of Hospice Physicians. A leading exponent of hospice care, here is her moving case for compassionate, loving (often home-based) care for dying and elderly patients as the answer to euthanasia and assisted suicide. Very inspiring for care-givers looking after the aged and the terminally ill. **LENGTH:** 57 min. **VID#:** 24.751

PEACEFUL JOURNEYS: CARING

PUBLISHED: Fisher Productions

Prayer and compassion feed on each other. Without prayer, compassion can lead to an undisciplined form of activism. Without compassion our prayer can become a narrow form of "quietism." In this video, basic elements of healthy caring are reviewed and illustrated. **LENGTH:** 25 min. **VID#:** 24.752

WHEN BAD THINGS HAPPEN TO GOOD PEOPLE

PUBLISHED: Atlas Video, Inc., 1992

For the first time on home video, Dr. Harold S. Kushner powerfully presents the thinking and faith behind his best-selling book, *When Bad Things Happen to Good People*, a source of comfort and insight for anyone confronted by tragedy and suffering. Kushner speaks from his own painful experience, the loss of his young son, Aaron, to a rare illness. He recounts his own realization that the traditional words of consolation we so often speak - words that Kushner so often spoke to others - are far from adequate. His search for a better response leads to the Book of Job and that most profound question of faith: If God is all powerful and all good, why do good people suffer? Kushner's answer is as practical as it is theological. It provides a reaffirmation of a belief in God, and offers compassionate direction for those in pain. **LENGTH:** 1 hour
VID#: 24.754

HELLO IN THERE

PUBLISHED: Franciscan Communications

A younger woman reaches out to a lonely widow in a retirement home. Through their friendship, the woman discovers the elder's imagination and ingenuity. **LENGTH:** 21 min. **VID#:** 24.756

A NEW ROAD TO GRIEF RECOVERY

PUBLISHED: Twenty-Third Publications, 1993

Acceptance and sharing are the key concepts spelled out in this new video series that helps Christians make the difficult journey from the death of a loved one to being whole again. It does so by presenting moving, encouraging first-person accounts.

Session One: Keys to Recovery

Rev. Tim Queen discussed realistic recovery expectations and the importance of support environment.

Session Two: The Child's Grief Recovery

Rev. Timothea Lewis focuses on healthy coping skills to aid in children's grief work.

Session Three: Young Widow and Eleven-Month Old Son

Linda Ashley, widow with baby, affirms the importance of caregivers.

Session Four: Young Widower Discusses the Accidental Death of his Wife and Son

Don Andrews, whose wife and son died in an automobile accident, shares the healing value of support groups, reading and reaching out to others.

Session Five: Widow Discusses Fifteen Years as a Single Parent

Margit Giles, widowed, reflects on rearing three young children to adulthood and keeping the home as stable as possible.

Session Six: Widower Discusses the Healing Element of Saying Goodbye

Larry Coker reflects on his wife's terminal illness and emphasizes the healing element in saying goodbye.

Leader's guide for each session help participants progress along the road to recovery by prompting them to share their feelings and experiences. **GUIDE.** **LENGTH:** Each segment is approx. 15 min. **VID#:** 24.757-758

THEY LIED TO US

PUBLISHER: Gospel Films, Inc.

In our search for answers to questions about values, relationships and spirituality, are we listening more to what society says than what God says? We want to fit in. We want to be happy. Society tells us how we should look, what we should do, and where we should go to have it all. But does society really know? This emotional and moving video poignantly explores the lives of several young people, including Rick Stanley, younger brother of Elvis Presley, who bought the lies purveyed on television, movies, music and in print... and suffered the consequences. This video provides a direct and honest approach for young people, showing

them how they can distinguish between the world's lies and God's truth. **LENGTH:** 45 min. **VID#:** 24.759

COPING SERIES

SPEAKER: Clayton Barbeau

PUBLISHER: St. Anthony/Franciscan Comm.

Clayton Barbeau is one of America's most popular and entertaining speakers. His perceptions derive from a tremendous sensitivity to his own family's experiences and to his many years of involvement as a family therapist.

Tape One: Coping with Self (Guide/60 min.)

Beginning with stresses surrounding birth, Clayton humourously describes how coping with ourselves depends on our abilities to react creatively to stress. He explains how stress on individuals can bring about either good or bad results.

Tape Two: Coping with Others (Guide/60 min.)

Using a variety of anecdotes from his family experiences and the lives of his counselling clients, therapist Clayton keeps his audience chuckling as he shares insights about coping with others.

Tape Three: Coping with Loss (Guide/60 min.)

No human being escapes coping with loss in life. Failing to cope with loss, both great and small is to wound ourselves. Clayton leads his audience to examine healthy coping from death of a loved one to simple losses in daily living.

Tape Four: Coping with Feelings (Guide/60 min.)

A lively and insightful presentation on just how to cope creatively with personal feelings like anger, fear, disappointment and depression.

VID#: 24.761-24.764

SURVIVING ANGER

SPEAKER: Clayton Barbeau

PUBLISHER: St. Anthony/Franciscan Comm.

In this program, Clayton talks about the different causes of anger and the various guises that anger often takes. He also points out that we face anger from both ourselves and others, and that any number of experiences can trigger it. With the help of anecdotes based in personal experiences, Mr. Barbeau shows how important it is to understand the source and destructiveness of one's anger and to face up to it. He proposes strategies for analysing and dealing with one's own anger and with the anger of others. **LENGTH:** 32 min.

VID#: 24.765

SURVIVING DIFFICULT PEOPLE

SPEAKER: Clayton Barbeau

PUBLISHER: St. Anthony/Franciscan Comm.

In this program, Clayton gives special attention to the problem individuals who can make day to day living difficult at work or at home. He suggests ways to approach people who tend to bully or to criticize constantly, or those who demand inordinate attention or wish to be always in control. And he profiles those who can't make a decision or simply won't communicate. He states that it is very important to realize that one's response to a difficult person is more important than that person's behaviour. **LENGTH:** 40 min. **VID#:** 24.766

FACING MY OWN SUFFERING AND LOSS

PUBLISHER: St. Anthony/Franciscan Comm.

The *story segment* is the true story of a successful professional woman who discovers she has breast cancer. That physical discovery leads her on an inner journey, a journey of the spirit.

The *witness segment*, real-life witnesses who have walked as caregivers with loved ones in times of suffering or at the approach of death reflect on the view from the outside - how those who give care and love perceive the journey of those facing their own suffering.

The *teaching segment* explores the questions which the onset of illness and suffering bring. The program concludes with a *music video reflection* featuring the classic hymn, "Amazing Grace," and images which move us through the limitations of suffering to the freedom offered by Jesus Christ. **GUIDE. LENGTH:** 33 min **VID#:** 24.767

TRAINING MINISTERS TO THE SICK

PUBLISHER: St. Anthony/Franciscan Comm.

Three *story segment* vignettes provide fictional "case studies" of pastoral visits. Situations include visits to a nursing home and a terminally ill patient and a Communion call to a homebound parishioner. The *witness segment* - a trio of veteran chaplains offer their critique to the positive and negative aspects of the pastoral visits depicted. The *teaching segment* provides a grounding for the ministry to the sick, questions to examine the minister's motivation and suggestions for evaluating pastoral visits. The program concludes with a *music video reflection* that serves as a prayer for ministers to the sick as they set out for their pastoral visits. **GUIDE. LENGTH:** 41 min. **VID#:** 24.768

CONNECTING:

PUBLISHER: Paulist Press

17 Going on Nowhere: A father tries to reconnect with his rebellious son to show him that he is loved. Starring: Emilio Estevez, Ramon Bieri, Ellen Geer. Theme: Communications

Little Miseries: Frankie communicates to the unmarried aunt who has raised him, but who tries to control his life, that the only love worth having is love freely given. Starring: John Ritter, Audra Lindley. Theme: Family Communications

Unfinished Business: An ambitious son who has neglected his father rekindles a relationship with him when the old man becomes ill. Having become closer, the son realizes what he may lose if his father dies. Starring: Jack Bannon, Bill Quinn, Marcia Rodd. Theme: Love of Parents. **VID#:** 24.769

SUFFERING WITH A LOVED ONE

PUBLISHER: St. Anthony Messenger Press

Suffering... explores the role of caregivers in the light of our faith in Christ, who shepherds and cares for us. *Story Segment:* "La Vida," family members confront the care needs - physical, spiritual and emotional - of their dying mother, and grow in their relationship with each other through the process. *Witness Segment:* individuals who know suffering first-hand share their experiences and insights. *Teaching Segment* Patti Normile sets forth concrete suggestions, grounded in faith, to help caregivers support their loved ones, while caring for themselves. *Music Video Reflection* illustrates the role of caregiver with vignettes set to the hymn, "Be Though My Vision." **GUIDE. LENGTH:** 33 min. **VID#:** 24.770

TOWARD DEATH WITH HOPE

PUBLISHER: St. Anthony Messenger Press

Toward... explores the emotional and spiritual dimensions of the Christian's journey through death - understood as a part of life - to new life in Christ. *Story Segment:* allows views to accompany a hospice nurse as she visits three terminally ill patients. Their faith and courage, and her sensitive care, teach us to approach death with hope. *Witness Segment* Franciscan Father Silas Oleksinski was interviewed shortly before his death from cancer in 1995. He shares his feelings about suffering and dying, suggestions for visitors and his hope in Jesus Christ. *Teaching Segment:* Patti Normile examines the experience of dying and offers insights to help both the dying and their loved ones. The program concludes with a *music video reflection* that presents dancer Betsey Beckman in a meditation on death and resurrection. She dances to the song, "The Story of God." **GUIDE. LENGTH:** 32 min. **VID#:** 24.771

FORMING ADULT DISCIPLES

PUBLISHER: St. Anthony Messenger Press

This video stimulates enthusiasm and commitment to adult faith formation. The *story segment* retells Luke's account of the disciples on the road to Emmaus in a contemporary drama. The *witness segment* shows adult Catholics sharing five approaches to adult faith formation. The *teaching segment* shows Dr. Matthew J. Hayes talking about the importance of nurturing adult faith and the pivotal role of the parish in this effort. **LENGTH:** 41 min. **VID#** 24.772

PASTORAL CARE TRAINING VIDEOS

AN OVERVIEW OF PASTORAL CARE

This program is a general look at what pastoral care is all about. Beginning with the historical connection between care of the sick and religious institutions, it supports the relationship between medical and spiritual healing, and the part pastoral care gives play in bridging the two. **VID#:** 24.773-1

BUILDING SKILLS

Topics include: listening, uncovering the meta-story, assessing a person's spiritual state, knowing when to make referrals and the importance of self-care. **VID#:** 27.773-2

ASSESSING AND DISCERNING

This program builds on the insights of Building Skills and gives the pastoral care volunteer the skills to be a compassionate presence to a person in need. **VID#:** 24.773-3

PASTORAL CARE FOR THOSE LIVING WITH HIV/AIDS

Here is an overview of the 18 year progression of the disease and how its evolution and current drug therapies have changed the focus of pastoral care in North America. This program provides an awareness of some of the sensitive issues people living with HIV/AIDS face everyday, and outlines the do's and don't's of ministering to those infected. **VID#:** 24.773-4

PASTORAL CARE FOR PEOPLE WITH CANCER

People with cancer have special needs. This program helps the pastoral care provider understand the experience and how to "be there" for someone enduring it. **VID#:** 24.773-5

PASTORAL CARE OF THE DYING

There is perhaps no greater challenge to the pastoral care provider than taking part in a person's journey toward death. This video provides practical insight as well as inspiration to encourage the pastoral care provider to stay in the tension of this time as a person of faith. **VID#:** 24.773-6

BELONGING

PUBLISHER: Windborne Productions

A profound, penetrating and timely essay spoken from the heart of Jean Vanier, a truly inspiring thinker who challenges us all to become "fully alive, fully human." Vanier's prophetic counter-cultural ideas weave together a panorama of humanity in the 21st century. Incorporating stories of real lives, from the Bay Street executive to the refugee, and enriched by comments from leading thinkers and activists in sociology, psychology, education and inter-religious relations, **belonging** celebrates the dignity and diversity of humanity and identifies that which unites us - our aloneness and our longing to belong. **GUIDE. LENGTH:** 51 min. **VID#:** 24.774

LISTENING TO SOUL PAIN

PUBLISHER: VON Canada

This video will raise awareness of the effects of trauma on the human spirit and emphasize that complete healing requires attention to the spiritual concerns which surface in the wake of the experience. While the

spiritual struggle may begin almost immediately following the event, the most intense pain of the spiritual conflict is often encountered only many months, or even years, later. **GUIDE. LENGTH: 25 min. VID#: 24.775**

WHEN A LOVED ONE DIES

PUBLISHER: Paraclete Press, 2002

Walking Through Grief as a Teenager - The death of a loved one is always a difficult experience. But when you are a teenager, walking through grief is particularly poignant. It is punctuated by all the conflicts and questions and realizations of the teen years. This video helps teen understand the grief process through the testimonies of young people who have walked through it, and gives hope that you can heal and grow through this life-changing experience. Topics include: Surviving the first days, weeks, and months after a death; Grieving the relationship lost; Grieving particular types of deaths; Facing your future; Learning to cope; Rebuilding your life. **GUIDE. LENGTH: 30 min. VID#: 24.776**

AT DEATH'S DOOR

PUBLISHER: Paraclete Press, 1999

Facing the Terminal Illness of a Loved One - Death teaches us that we don't know what the future is going to be. This video gives excellent insight on living life to the fullest with your dying loved one. We must invest each day with as much meaning as possible. **GUIDE. LENGTH: 35 min. VID#: 24.777**

A CRY FOR HELP

PUBLISHER: Paraclete Press, 2001

How to help a friend who is depressed or suicidal - Most suicidal young people don't really want to die; they just want their pain to end. Teen suicide is often preventable if people know the signs to look for and the steps to take when they suspect a friend is suicidal. *A Cry for Help* teaches young people to recognize the warning signs and to take specific actions to help a friend. **GUIDE. LENGTH: 22 min. VID#: 24.778**