



## OCTOBER 2017 UPDATE

Youth Ministry Commission Meeting  
Wed, Oct 4<sup>th</sup> at 4:30 pm, Diocesan Centre

### YOUTH SYNOD ONLINE SURVEY! SYNOD OF BISHOPS XV ORDINARY GENERAL ASSEMBLY

- Thank you to all those who responded to the online survey.
- Summarized results will be shared in the November update.

### WITNESS FAITH DAYS – OCTOBER 17-20, 2017

- Please pray for the upcoming Witness Faith Days for Grade 6 students!
- Witness will take place in each of our deaneries:
  - Tuesday, October 17: St. Francis de Sales Church (Northern Deanery)**
  - Wednesday, October 18: St. Francis Xavier Church (Eastern Deanery)**
  - Thursday, October 19: St. Michael the Archangel Church (Western Deanery)**
  - Friday, October 20: St. Mary's Cathedral (Central Deanery)**
- Clergy and religious have been invited to attend the faith days across the archdiocese.
- Youth Ministers and Volunteers in Youth Ministry are encouraged to attend the faith day in their deanery to connect with the youth!
- Youth that do not attend our Catholic schools but live in the archdiocese are welcome to attend the event in their area with a parent if possible. Simply email Nadia Gundert at the youth office to let her know you'll be attending! [youth@romancatholic.kingston.on.ca](mailto:youth@romancatholic.kingston.on.ca)

**THERE IS ALSO AN EVENING EVENT ON FRIDAY, OCTOBER 20<sup>TH</sup> AT THE CATHEDRAL  
FOR ALL AGES! SEE POSTER ON NEXT PAGE FOR DETAILS!!!!!!**

### NET RETREATS IN OUR ARCHDIOCESE (November 2017)

- If your parish / school is interested in having the **NET team** do a retreat for you this **NOVEMBER 2017** please contact Nadia at the Youth Office as we have **one date available**:

Monday Nov 20 – Team Arrival Day  
Tuesday Nov 21 – Nicholson CC  
Wednesday Nov 22 – Ecole Cathedral  
Thursday Nov 23 – St. John the Evangelist Parish  
**Friday Nov 24 –**  
Saturday Nov 25 – Team Day  
Sunday Nov 26 – No Ob Day  
Monday Nov 27 – St. Mary's C.S.S  
Tuesday Nov 28 - St. Michael's Parish  
Wednesday Nov 29 – St. Paul's C.S.S.  
Thursday Nov 30 – Team Departure Day



**THE ARCHDIOCESE OF KINGSTON YOUTH OFFICE PRESENTS:**



# **XLT**

**AN INTENSE EXPERIENCE OF PRAYER, ADORATION & WORSHIP**



**FEATURING THE JOSH BLAKESLEY BAND**

**FRIDAY, OCTOBER 20 / 7-9 pm**

**ST. MARY'S CATHEDRAL - KINGSTON**

**All are welcome. Free-will donations will be graciously accepted.**

# YOUNG ADULT NEWS



## DUC IN ALTUM

- We are finalizing our Duc in Altum participants for Year 2 this week!
- **We are looking for 1 or 2 more females in their 20s or 30s.** If you know anyone who is interested, please encourage them to contact Nadia in the youth office for more info.
- There are also more details online at <https://www.kingstonvocations.com/duc-in-altum>
- **Our opening retreat weekend is Oct 13-15 in Perth.** Prayers appreciated!



## DUC IN ALTUM

For Catholic young adults in their 20s & 30s!

We invite you to join us on this one year journey and discover more about God's plan for your life.

### 2017—2018 Session Dates

Oct. 13-15 (Opening Retreat Weekend)

Nov. 11, Dec. 2, Jan. 13, Feb. 3, Mar. 3, Apr. 7,

May 25-27 (Closing Retreat Weekend)

Information Night: Wednesday, Sept 13 @ 7:00 pm  
Diocesan Centre (390 Palace Rd, Kingston)



Contact Nadia Gundert - Archdiocese of Kingston Youth Office at  
youth@romancatholic.kingston.on.ca or call 613-484-2446  
[www.kingstonvocations.com/duc-in-altum](http://www.kingstonvocations.com/duc-in-altum)

## THE SALVE REGINA SOCIETY – For Young Adults in their 20s and 30s in Kingston area.

- Welcome to the Salve Regina Society, a fellowship group for Catholic young adults in Kingston, (Formally Kingston's Twenties and Thirties Group). All events begin at 7:00pm unless otherwise stated:
  - First Monday - Theology on Tap
  - Second Monday - Bible Reflection
  - Third Monday - Adoration
  - Fourth Monday - Bible Reflection
- For more details please check out the [Facebook Group](#)

## VESPERS (Evening Prayer) Wednesday, October 4, 2017, 7 pm at St. Mary's Cathedral

- Vespers is the sunset evening prayer service in the Catholic and Orthodox liturgies of the canonical hours. The word comes from the Greek ἑσπέρα and the Latin vesper, meaning "evening." It is also referred to in the Anglican tradition as Evening Prayer or Evensong. The prayer consists of an opening hymn, three psalms giving thanks for the day chanted, a brief reading from Scripture, the Magnificat, formal prayer intentions, the Our Father and a closing prayer. The Cathedral was consecrated on the 4th of October, 1848, 169 years ago. The day of the consecration of any church building is a solemnity in that particular parish. To celebrate the anniversary of the consecration of the cathedral St. Mary's Cathedral choir, under the direction of Jeff Moellman, will lead us in the celebration of this solemn celebration of Vespers. You are invited to join us in praying this wonderful ancient liturgy of the church and help us celebrate the cathedral's anniversary of consecration.

## YOUTH MINISTRY RESOURCES

**YOUTH-FRIENDLY LITURGY PLANNING GUIDE** - If you are interested in receiving the "Lifeteen Liturgy Planning Guide" I can send it to you by email as it is released. The LPG has music suggestions, homily suggestions and prayers of the faithful suggestions that are relevant to youth for Sunday liturgies. It is helpful especially if you are a priest, deacon or music minister using contemporary Catholic music (CCLI License, Choose Christ, Spirit & Song, etc) for masses or retreats.

### YOUTH MINISTRY ACCESS: CENTRE FOR MINISTRY DEVELOPMENT (Downloadable): For access contact Nadia

- On this web resource you can search for various topics, retreats, prayer services, activities, and more to support youth ministry or for use in the classroom
- **October:** Thanksgiving themed nights, Fall themes, Halloween nights

**YOUTH MINISTRY RESOURCES** – There are a lot of various programs, websites and DVDs that the Youth Office has to support ministry programming. If you are interested in having access to any online subscriptions or borrowing our resources please contact Nadia in the Youth Office.

### UPCOMING DATES TO REMEMBER:

- **Oct 4** Youth Ministry Commission at 4:30 pm (Diocesan Centre, Kingston)
- **Oct 4** Vespers at St. Mary's Cathedral, Kingston at 7pm
- **Oct 9** Happy Thanksgiving!
- **Oct 13-15** Opening Duc in Altum Retreat Weekend (Perth)
- **Oct 16** ALCDSB Music Workshop with Josh Blakesley Band (Napanee)
- **Oct 17** WITNESS (Youth Faith Day) – St. Francis de Sales Church (Smiths Falls)
- **Oct 18** WITNESS (Youth Faith Day) – St. Francis Xavier Church (Brockville)
- **Oct 19** WITNESS (Youth Faith Day) – St. Michael the Archangel Church (Belleville)
- **Oct 20** WITNESS (Youth Faith Day) – St. Mary's Cathedral (Kingston)
- **Oct 20** XLT (Exalt) – Evening of Praise & Worship & Eucharistic Adoration with Josh Blakesley at St. Mary's Cathedral. All are welcome!

