

# CATHOLICS ON CAMPUS



## Ash Wednesday

Today, Wednesday March 1st

"Even now," says the Lord, "return to me with your whole heart, with fasting, and weeping, and mourning; Rend your hearts and not your garments, and return to the Lord, your God." Joel 2:12

Ash Wednesday marks the beginning of Lent, a penitential season in which we prepare for the glory of the resurrection of Jesus at Easter.

There are a number of opportunities to receive ashes today:

St. Mary's Cathedral: 12:10pm, 7:00pm

Newman House: 5:30pm, followed by \$1 soup

This is a great time of year to consider returning to the Sacrament of Reconciliation, especially if it's been a while. Reconciliation is available regularly at St. Mary's Cathedral. Check out this [guide](#) for times and instructions on how to go. If you have a hard time remembering the words for Confession, just tell the priest it's been a while and you need help. They'll just be thrilled that you've come!



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