

Retreat Features



Retreat Speaker

Josephine Lombardi

comes to WFR 2018 highly recommended for her sound scriptural teachings on our journey of faith as women in today's world, and her excellent presentation skills. Her warm, connecting, informal, and always creative approach to life inspires and challenges women. As one listener reported, "Dr. Lombardi made me realize that maybe if I open my baggage, I might be surprised at what I find." We look forward to being inspired to become more *Joyful in Hope* at our 2018 Women's Fall Retreat.

Breakout Session

- A Collage of Spiritual Wellness
- Mindful Exercise

Saturday Night Concert

Fiddlehead Soup, a mother-daughter duo performing in fine Celtic style.

Retreat Highlights

Located in a peaceful riverside setting, the weekend retreat provides time to relax and reflect, fellowship, praise and worship music, and sessions that will truly inspire and entertain with guest speaker Josephine Lombardi.

The retreat will offer the sacrament of reconciliation and Mass will be celebrated. A Christian book store on site will offer a selection of cd's, books, religious articles, and gifts. Retreat participants will enjoy scrumptious food by the Glen House Resort's Shipman Dining Room. They can also enjoy the resort's many facilities like the hot tub, sauna, indoor and outdoor pools, tennis courts, walking trails, kayaks and exercise room. Spa services are also available for purchase.

The Lay Faith Retreat Team is supported by the Roman Catholic Archdiocese of Kingston. Their mission is "Bringing women together for the glory of God."



"Be Joyful in Hope..."

Romans 12:12



Women's Fall Retreat

2018

Friday, September 21st at 7:45pm to
Sunday, September 23rd, 1:30pm
Glen House Resort, Gananoque ON

Cost is \$350 for the entire weekend based on double occupancy. Single rooms \$450 (available upon request).

Includes 5 meals, program, resort facilities and accommodations

Our retreat has a subsidy program for women who are financially challenged. Should you desire to attend but require assistance please contact us.

****Requests are confidential***

Once your Registration Form is processed you will receive an email or phone confirmation. An information flyer will be sent out to all registered women in early September providing the weekend's schedule, directions to Glen House Resort (smugglersglen.com) and other pertinent information.

For More Information
Visit: womensfallretreat.com
OR
Contact Annette Larmour at:
(613) 258-7885



**YOU CAN REGISTER ONLINE AT WOMENSFALLRETREAT.COM
OR MAIL IN THIS 2018 FORM BELOW WITH YOUR PAYMENT**

Name.....

Mailing Address

City..... Province.....

Postal Code..... Email.....

Phone Number.....

Double Room Single room

I would like to room with:

Mobility Needs.....

Special Needs.....

This is my first year attending

For food allergies and dietary needs please contact the resort directly at least one week prior to the event at 1-800-268-4536

Donation \$..... Registration amount enclosed \$..... E- Transfer \$.....

Your gracious donation helps us cover our subsidy requests for those women who are financially challenged.

Payment:

All cheques payable to Women's Fall Retreat

- Full payment with registration
- e-transfer – info@womensfallretreat.com
- Post dated cheques or e-transfer for the 1st of the months (March to Sept)

There is a minimum non-refundable \$50 cancellation fee.

All nursing infants 6 months of age or younger are welcome. Please let us know if you are bringing an infant

For more registration information, please contact Anne Caza, retreat Registrar via email info@womensfallretreat.com or phone 613-989-5348.

Send registration and cheque to Anne Caza
Box 230
South Mountain, ON K0E 1W0

Office use only